



Breakfast & Lunch

Menu



EHS, AMMS, EES

2026



October

Monday	Tuesday	Wednesday	Thursday	Friday
Chef Salad's served on Tuesday's and Thursday's as available 	Available Daily: Variety of Milk with Breakfast and lunch Fruit Served Daily with B'fast and Lunch Cereal offered daily at Breakfast		Breakfast Steak Biscuit Fruit Lunch Chicken Tenders or Hot Pockets Rice/ English Peas and Carrots Romaine Salad w/Dressing/ roll	Breakfast Scrambled Eggs/Hashbrowns Fruit Lunch Pizza or Crispito (2) with Cheese Dip/ Salsa Corn/Romaine Salad
Breakfast Pancakes w/Syrup Fruit Lunch BBQ Sandwich Cheeseburger Cole Slaw Potato Wedges	Breakfast Sausage Biscuit Fruit Lunch Chicken Alfredo over Pasta or Hoagie Sandwich Broccoli/ Roll Romaine Salad w/Dressing	Breakfast Steak Biscuit/ Grits Fruit Lunch Beef a Roni or Pizza Sweet Potato Romaine Salad w/Dressing Green Beans/ Roll	Breakfast Ham & Cheese Croissant Fruit Lunch Corn Dog Crispy Chicken Sandwich Rice English Peas and carrots Roll	Breakfast French Toast Fruit Lunch Chicken Tenders or Cheeseburger Fries Romaine Salad/ Ranch Roll
Student Holiday	Student Holiday	Student Holiday	Breakfast Sausage Biscuit Fruit Lunch Chili or Cheeseburger Baked Potato/ Broccoli Cracker	Breakfast Cinni Minnis Fruit Lunch Chicken Bites or Deli Hoagie Sweet Potato Baby Lima Beans/ Roll
Breakfast Breakfast Pizza Fruit Lunch Buffalo Mac and Cheese or Hamburger Roasted Broccoli Carrots w/ ranch Roll	Breakfast Pork Chop Biscuit Fruit Lunch Salisbury Steak/ gravy or Pizza Butter Beans/ Creamed Potatoes Romaine Salad w/Dressing/ Roll	Breakfast Strawberry Shortcake Biscuit Fruit Lunch Spaghetti w/Meat Sauce or Hot Dog Green Beans Romaine Salad w/ ranch and Garlic Knot	Breakfast Steak Biscuit Fruit Lunch Hot Ham & Cheese Hoagie Breaded Chicken Sandwich Steamed Broccoli Fries	Breakfast Mini French Toast Fruit Lunch Chicken Tenders or Hot Pocket Rice/ English Peas Glazed Carrots/ Roll
Breakfast Cheese Toast/ Sausage I Fruit Lunch Manager's Choice Day	Breakfast Chicken Biscuit Fruit Lunch Fajita Chicken Wrap/Salsa or Pizza Crunchers Black Beans Romaine Salad w/Dressing	Breakfast Mini Waffles Fruit Lunch Cheesy Chicken or Hot Dog Broccoli Rice Salad w. ranch/ Roll	Breakfast Pancake Sausage Bites Fruit Lunch Chicken Bites or Hamburger Mac and Cheese Glazed Carrots Roll	Breakfast Scrambled Eggs/Hashbrowns Fruit Lunch Crispito (2) w/ Cheese Dip/Salsa or PB&J Uncrustable Pinto Beans, Corn Romaine Salad w/Dressing

