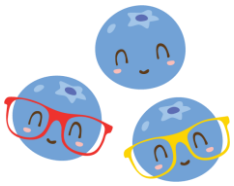
EASTAMPTON COMMUNITY SCHOOL

BREAKFAST MENU PRE K

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	2 Corn Muffin
5 YOGURT CUP	6 1 OZ MULTI GRAIN CHEERIOS	7 BAGEL W/ CREAM CHEESE	8 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	9 N o School
12 No School Columbus day	13 1 OZ MULTI GRAIN CHEERIOS	14 BAGEL W/ CREAM CHEESE	15 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	16 Corn Muffin
19 YOGURT CUP	20 1 OZ MULTI GRAIN CHEERIOS	21 BAGEL W/ CREAM CHEESE	22 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	23 Corn Muffin
26 YOGURT CUP	27 1 OZ MULTI GRAIN CHEERIOS	28 BAGEL W/ CREAM CHEESE	29 1 oz Reduced Sugar Cinaminon Toast Crunch Cereal	30 Corn Muffin ½ DAY

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices
Student $2.35

Available Daily

Fruit Selection
Assorted fresh fruits, fruit cups. Students may choose two ½ cup servings.

Milk Selection
1% milk

Your Dining Services Team
Nancy Piazza
Food Service Director
ma1526@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE FOOD MANAGEMENT, INC. by Metz