



T.I.P.S. September 2026

Transition Information for Parents & Students

☀️ Transition Spotlight

Did you know?

The Suffolk City Public Schools Parent Resource Center supports families of students with disabilities as they navigate important educational and life transitions. From preparing for a new school level to planning for life after high school, families receive guidance, individualized support, and connections to valuable resources to help them make informed decisions and feel confident throughout the transition process.

Questions or Need Support?

Melinda Reed
Parent Resource Center Liaison
✉️ melindareed@spsk12.net
☎️ 757-925-6764



Quick Facts

Transition IEPs must include the following areas:

- Measurable post-secondary goals based on age-appropriate transition assessments related to training, education, employment, and, where appropriate, independent living skills; and
- Transition services, including the courses of study needed to help the child reach those goals.
- A statement of interagency responsibilities or linkages, if appropriate, that take place no later than age 16, or younger if determined by the IEP team.



Upcoming Events

NSU Career Services – Students with Disabilities
September 30, 2026

PEATC Transition University – Fall 2026
October 5, 2026-December 7, 2026

DARS Presents:

Skills to Pay the Bills

Mastering Soft Skills for Workplace Success
An 8-Part Series

The second Thursday of the month, September 2026 – April 2027 at 6:30 – 7:00 p.m.



Additional Resources

- **Center for Parent Information & Resources**
- **DARS** (Department for Aging and Rehabilitative Services) helps students and adults with disabilities prepare for employment, career training, and independent living through counseling and support services.
- **VCU Center on Transition Innovations (CTI)** supports schools, students, and families by providing training, resources, and evidence-based practices to improve post-school outcomes for students with disabilities.