

Conestoga Valley HS

October 2026

Lunch

Prices 2026-2027
 Student \$2.90
 Reduced FREE
 Adult \$5.00
 Milk .70

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers			1 Chili / Cornbread Cheese Crunchers Glazed Carrots Broccoli Florets Mandarin Oranges / Fresh Fruit HAM & CHEESE MELT	2 Chicken Tenders / WG Dinner Roll Macaroni & Cheese Steamed Peas Cucumber Coins Apple Slices / Fresh Fruit NO HOT COMBO
5 Walking Taco Lettuce/Tomato/Cheese Cup Tex Mex Veggie Blend Grape Tomatoes Apple Slices / Fresh Fruit NO HOT COMBO	6 Chicken Alfredo / WG Garlic Knot Steamed Broccoli Green Pepper Slices Pears / Fresh Fruit PEPPERONI HOT POCKET	7 Sloppy Joe Tater Tot Bowl / Fritos Steamed Peas Baby Carrots Jello Cups / Fresh Fruit STEAK SANDWICH	8 Pizza Sticks/Marinara Sauce Glazed Carrots Roasted Garbanzo Beans Spinach Salad Peach Cups / Fresh Fruit NO HOT COMBO	9 EARLY DISMISSAL Mickey's Pizza Fresh Veggie Bar Fresh Fruit NO HOT COMBO
12 NO SCHOOL	13 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Cucumber Coins Mixed Fruit Cups / Fresh Fruit NO HOT COMBO	14 Teriyaki Dippers w/ Fried Rice Mini Egg Roll & Fortune Cookie Steamed Stir Fry Veggies Baby Carrots Mandarin Oranges / Fresh Fruit PORK BBQ SANDWICH	15 Buffalo Chicken Pizza Glazed Carrots Spinach Salad Peach Cups / Fresh Fruit HAM & CHEESE SANDWICH	16 Cheeseburger on WG Roll French Fries Baked Beans Grape Tomatoes Applesauce / Fresh Fruit NO HOT COMBO
19 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Cucumber Coins Apple Slices / Fresh Fruit NO HOT COMBO	20 Pork Burrito Bowl w/ Beans, Brown Rice and Cheese Tortilla Chips and Salsa Steamed Corn Celery Sticks Jello Cups / Fresh Fruit BUFFALO CHICKEN SANDWICH	21 Boom Boom Chicken Wings w/ WG Cornbread Poppers Steamed Peas Baby Carrots Fruit Mix / Fresh Fruit BEAN & CHEESE BURRITO	22 Jumbo Hotdog on WG Roll Baked Beans French Fries Cauliflower Florets Pears / Fresh Fruit TURKEY & CHEESE MELT	23 Pretzel Bun with Cheese Tomato Soup w/ WG Crackers Roasted Garbanzo Beans Cucumber Coins Apple Sauce / Fresh Fruit NO HOT COMBO
26 Chicken Patty on WG Roll Sandwich Fixings – Lettuce / Tomato WG Goldfish Crackers Spring Veggie Mix Grape Tomatoes Peaches / Fresh Fruit NO HOT COMBO	27 Lasagna Roll Up / WG Garlic Knot California Blend Veggies Spinach Salad Baby Carrots Mixed Fruit Cups / Fresh Fruit STEAK SANDWICH	28 Chili / Cornbread Cheese Crunchers Glazed Carrots Broccoli Florets Mandarin Oranges / Fresh Fruit HAM & CHEESE MELT	29 Roasted Buffalo Chicken w/WG Roll Cheesy Scalloped Potatoes Glazed Baby Carrots Grape Tomatoes Apple Slices / Fresh Fruit NO HOT COMBO	30 EARLY DISMISSAL Mickey's Pizza Fresh Veggie Bar Fresh Fruit NO HOT COMBO

Daily Salad Option may include Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, Cobb, and Seasonal Favorites.

Salad Ingredients may include Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk