

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
 Eat well, feel great, be amazing.			1 Breakfast Toasted Bagel Assorted Fruit Lunch Dutch Waffle & Nuggets Snack Assorted Yogurt	2 Breakfast Cinnamon Mini Bagel Assorted Fruit Lunch Italian Dunkers Snack Oatmeal Round
5 Breakfast Cinnamon Roll Assorted Fruit Lunch Popcorn Chicken Snack Waffle Snaps	6 Breakfast Goody Bun Assorted Fruit Lunch Bosco Sticks Snack Assorted Poptarts	7 Breakfast Soft Filled CTC Bar Assorted Fruit Lunch Cheese Sandwich Snack Assorted Crackers	8 Breakfast Muffin Top/w Crackers Assorted Fruit Lunch French Toast w/Sausage Snack Cereal Bar	9 Breakfast Strawberry Mini Bagel Assorted Fruit Lunch Cheese Pizza Snack Assorted Muffins
12 NO SCHOOL  Indigenous People's Day & Columbus Day	13 Breakfast Mini Maple Pancakes Assorted Fruit Lunch Chicken Nuggets Snack Assorted Cereal	14 Breakfast Mini Cinni's Assorted Fruit Lunch Turkey & Cheese Sandwich Snack WG Cheese Crackers	15 Breakfast Goody Bun Assorted Fruit Lunch Dutch Waffle & Nuggets Snack Assorted Yogurt	16 Breakfast Warm Frudels Assorted Fruit Lunch Italian Dunkers Snack Oatmeal Round
19 Breakfast Mini French Toast Assorted Fruit Lunch Popcorn Chicken Snack Waffle Snaps	20 Breakfast Confetti Pancakes Assorted Fruit Lunch Bosco Sticks Snack Assorted Poptarts	21 Breakfast Chocolate Muffins Assorted Fruit Lunch Cheese Sandwich Snack Assorted Crackers	22 Breakfast Toasted Bagel Assorted Fruit Lunch Pancakes & Sausage Snack Cereal Bar	23 Breakfast Cinnamon Mini Bagel Assorted Fruit Lunch Cheese Pizza Snack Assorted Muffins
26 Breakfast Cinnamon Roll Assorted Fruit Lunch Cheese Sandwich Snack String Cheese	27 Breakfast Goody Bun Assorted Fruit Lunch Chicken Nuggets Snack Assorted Cereal	28 Breakfast Soft Filled CTC Bar Assorted Fruit Lunch Turkey & Cheese Sandwich Snack WG Cheese Crackers	29 Breakfast Muffin Top w/Crackers Assorted Fruit Lunch French Toast w/Sausage Snack Assorted Yogurt	30 Breakfast Strawberry Mini Bagel Assorted Fruit Lunch Italian Dunkers Snack Oatmeal Round