

# OCTOBER 2026

## Fredericktown K-12 BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**1** BREAKFAST:  
Cereal & Cheese  
Juice, Fruit and Milk

**2** BREAKFAST:  
Cinnamon Roll  
Juice, Fruit and Milk

**5** BREAKFAST:  
Pop Tart  
Juice, Fruit and Milk

**6** BREAKFAST:  
Yogurt & Grahams  
Juice, Fruit and Milk

**7** BREAKFAST:  
Mini French Toast  
Juice, Fruit and Milk

**8** BREAKFAST:  
Cereal & Cheese  
Juice, Fruit and Milk

**9** BREAKFAST:  
Breakfast Pizza  
Juice, Fruit and Milk

**12** NO SCHOOL

**13** BREAKFAST:  
Muffin & Cheese  
Juice, Fruit and Milk

**14** BREAKFAST:  
Waffle  
Juice, Fruit and Milk

**15** BREAKFAST:  
Cereal & Cheese  
Juice, Fruit and Milk

**16** BREAKFAST:  
Biscuit with Egg  
Juice, Fruit and Milk

**19** BREAKFAST:  
Pop Tart  
Juice, Fruit and Milk

**20** BREAKFAST:  
Yogurt & Grahams  
Juice, Fruit and Milk

**21** BREAKFAST:  
Mini Pancakes  
Juice, Fruit and Milk

**22** BREAKFAST:  
Cereal & Cheese  
Juice, Fruit and Milk

**23** BREAKFAST:  
NO SCHOOL

**26** NO SCHOOL

**27** BREAKFAST:  
Muffin & Cheese  
Juice, Fruit and Milk

**28** BREAKFAST:  
Mini Waffles  
Juice, Fruit and Milk

**29** BREAKFAST:  
Cereal & Cheese  
Juice, Fruit and Milk

**30** BREAKFAST:  
Bagel  
Juice, Fruit and Milk

### **News**

BREAKFAST: K-12  
\$1.50 Reduced \$0  
Adult \$ 3.00

\*Variety of fruits  
Oranges, apples,  
applesauce cups,  
raisins and Craisins

USDA is an equal  
opportunity provider,  
employer and lender

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## FREDERICKTOWN ELEMENTARY LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**1** LUNCH  
Cheeseburger  
Fries  
Pears

**2** LUNCH  
Chicken Leg  
Green Beans  
Apple  
Milk

**5** LUNCH  
Bosco Sticks W/Sauce  
Broccoli  
Peaches  
Milk

**6** LUNCH  
Taco  
Lettuce/Tomato  
Orange Sherbet  
Milk

**7** LUNCH  
Pizza  
Salad  
Applesauce  
Milk

**8** LUNCH  
Hot Dog  
Baked Beans  
Orange  
Milk

**9** LUNCH  
Chicken Tenders/Roll  
Tater Tots  
Apple  
Milk

**12** NO SCHOOL

**13** LUNCH  
Mini Quesadilla  
Black Beans  
Orange  
Milk

**14** LUNCH  
Pizza  
Salad  
Applesauce  
Milk

**15** LUNCH  
Turkey Sandwich  
Sun Chips  
Mixed Fruit  
Milk

**16** LUNCH  
Popcorn Chicken  
Corn  
Apple  
Milk

**19** LUNCH  
Cheese Crunchers  
Broccoli  
Orange  
Milk

**20** LUNCH  
Enchiladas  
Corn  
Mandarin Oranges  
Milk

**21** LUNCH  
Pizza  
Salad  
Applesauce  
Milk

**22** LUNCH  
Grilled Cheese  
Soup  
Pears  
Milk

**23** NO SCHOOL

**26** NO SCHOOL

**27** LUNCH  
French Toast/Sausage  
Hash Brown  
Banana  
Milk

**28** LUNCH  
Pizza  
Salad  
Applesauce  
Milk

**29** LUNCH  
Sloppy Joe  
Baked Beans  
Apple  
Milk

**30** LUNCH  
Chicken Sandwich  
Green Beans  
Pineapple  
Milk

### **News**

Availability of product depends on menu change.

K-5 is serve, ½ cup fruit or vegetable must.

Carrots are offered daily on ELEM. Side.

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### PRICES:

Lunch: K-5 \$2.75

Reduced \$0

Adult/Staff \$5.00