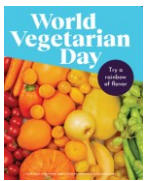
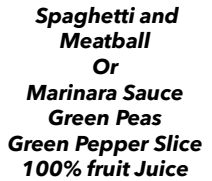
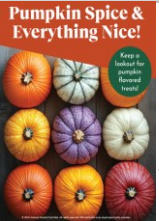




October 2026

Eastchester Elementary School | LUNCH MENU



MON	TUES	WED	THURS	FRI
		 October 1st! Vegetarian Options Available Every Day		
BBQ Popcorn Chicken⁵ Or Plain, Brown Rice Broccoli Edamame Orange Slice	Baked Ziti⁶ Or Pasta Marinara, Garlic Bread Stick Roasted Zucchini Spinach Salad Pineapple	French Toast Stick⁷ Turkey Sausage link Tots Celery Sticks Banana	Spaghetti and Meatball¹ Or Marinara Sauce Green Peas Green Pepper Slice 100% fruit Juice	Pizza Day!² Cheese or Pepperoni Garden Salad Baby Carrot Apple Slice
BBQ Popcorn Chicken⁵ Or Plain, Brown Rice Broccoli Edamame Orange Slice	Baked Ziti⁶ Or Pasta Marinara, Garlic Bread Stick Roasted Zucchini Spinach Salad Pineapple	French Toast Stick⁷ Turkey Sausage link Tots Celery Sticks Banana	Beef Taco Bowl,⁸ Kicking pinto Beans WG Tortilla Cheese, Lettuce, Salsa , WG Churro Grapes /Applesauce	Pizza Day!⁹ Cheese or Pepperoni Caesar Salad Baby Carrot Apple Slice
Columbus,¹² Indigenous Peoples' Day No School	Boneless Chicken¹³ Wings WG Biscuit Mashed Potatoes Carrot Stick and Dip Pear	WG Waffle¹⁴ Eggs Patty Hash Brown Celery Sticks Banana	Chicken Dumpling¹⁵ Day! Brown Rice Steamed Broccoli Edamame Orange Slice	Pizza Day!¹⁶ Cheese or Pepperoni Baby Carrot Tomatoes Cucumber Salad Apple Slice
Burger Bar¹⁹ Beef or Veggie Patti Potato Wedges Pickles Kiwi Slice	Rotini²⁰ Meat (Beef) or Marinara Sauce WG Bread Sticks, Spinach Garbanzo Salad Applesauce	WG Pancake²¹ Vanilla Yogurt /Cheese Stick Home Fries Cucumber Slice Berry Cup	Chicken Patty²² Sandwich Lettuce ,Tomatoes Ketchup Smile Potato Applesauce	Pizza Day!²³ Cheese or Pepperoni Baby Carrot Spinach Salad Apple Slice
Nacho Day²⁶ Beef, Cheese, Black Beans, Salsa, Guacamole sour cream Shredded Lettuce Orange Slice	 Chicken Tenders²⁷ WG Pumpkins Spice Donuts Holes Green Beans Tomatoes Wedge Kiwi Slice	French Toast Slice²⁸ Sausage Patti Hash Brown Celery Stick Apple Slice	 Beef Hot Dog²⁹ WG Bun Fiesta Corn Pickles Pineapple	Pizza Day!³⁰ Cheese or Pepperoni Mix Green salad Cucumber slice Banana

FIRST FREE MEAL OF THE DAY INCLUDES:
Fruit/Vegetable: Fresh fruits, vegetables offered daily (Baby Carrots, Apple slices, and Applesauce)
Juice: 100% Fruit Juice- Apple, Orange or Fruit Punch
Milk: Hormone/Antibiotic Free Skim, 1%, Whole, and Low-Fat Chocolate

Sandwich Meals:
Boars Head cold cuts:
Ham, Turkey, Salami, American cheese, SunButter and Jelly, Cheese Sandwich
Choice of WG Bread

Bagel Meal: Cream Cheese or Butter, yogurt, cheese stick

Salad Meal:
Chicken Caesar ,Garden

Pre-order Gluten Free Vegetarian Options upon Request (Contact FSD)

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

A La Carte items:
Yogurt Parfait w/ Fresh Fruit topping and Granola -\$3
Fresh Fruit cup 9oz - \$2.50
Variety of Healthy Snacks (Veggie sticks, Skinny pop, vegan choices, Annie's Organic bunnies, goldfish, pretzels, pirates' booty, sun chips, baked Chips) \$2.00 -\$2.75
Gluten Free and Low Sugar Cereal Variety - \$2-\$3
Beverages:
Small Water - \$1 / Large Water - \$2
Tropicana Juice- \$3.00 Capri sun \$2
Horizon Organic milk / Soy milk - \$2.50



Menus are subject to change.

Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234

