

OCTOBER 2026
Monroe BREAKFAST



Monday

Tuesday

Wednesday

Thursday

Friday

HONEY BUNS
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

5

NUTRI-GRAIN BAR
YOGURT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

6

POPTART STRAWBERRY
YOGURT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

7

CEREAL,VARIETY
YOGURT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

1

CHOCOLATE DONUT IN CUP
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

8

NO SCHOOL

2

PAN DULCE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

9

POPTART CINNAMON
STRING CHEESE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

12

CEREAL,VARIETY
YOGURT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

13

BAGEL LENDERS
CREAM CHEESE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

14

CINNAMON SWIRL
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

15

WAFFLE SAUSAGE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

16

CRUMB CAKE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

19

MUFFIN TOPS
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

20

CEREAL,VARIETY
YOGURT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

21

CROISSANT SANDWICH
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

22

STUFFS POCKETS
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

23

POPTART CINNAMON
STRING CHEESE
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

26

POWDERED DONUT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

27

CHOC CHIP MUFFIN
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

28

SUPER DONUT
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

29

PANCAKE SAUSAGE WGR
FRESH FRUIT
FRUIT JUICE
MILK WHITE 1%
MILK CHOC FF

30