CARUTHERS UNIFIED
SCHOOL DISTRICT

OCTOBER 2026

Caruthers Elementary BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			1 CEREAL,VARIETY YOGURT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	2 **NO SCHOOL**
5 HONEY BUNS FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	6 NUTRI-GRAIN BAR YOGURT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	7 POPTART STRAWBERRY YOGURT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	8 DONUTS FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	9 PAN DULCE FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF
12 GRANOLA BARS YOGURT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	13 BANANA MUFFIN FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	14 BAGEL LENDERS CREAM CHEESE FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	15 CINNAMON SWIRL FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	16 STRAWBERRY PANCAKE FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF
19 CRUMB CAKE FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	20 MUFFIN TOPS FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	21 BUTTERMILK BAR FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	22 CROISSANT SANDWICH FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	23 STUFFS POCKETS FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF
26 BANANA BREAD FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	27 POWDERED DONUT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	28 CHOC CHIP MUFFIN FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	29 SUPER DONUT FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF	30 PANCAKE SAUSAGE WGR FRESH FRUIT FRUIT JUICE MILK WHITE 1% MILK CHOC FF

OUR MEALS COMPLY WITH NUTRITIONAL STANDARDS. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE .