

+Prices 2026-2027
Student Lunch \$2.90
Adult Lunch \$5.00
Reduced Lunch FREE

OCTOBER

GHMS LUNCH 2026

Prepared by CVSD (717)556-0025
 CVSD is an Equal Opportunity Employer

BUCKSKIN BAG
 #1 Yogurt, Mini Muffin, Brownie Hummus, Grahams
 #2 WG Mini Pretzels, Cereal Bar, String cheese, Peanut Butter
 #3 Sun chips, Pizza Hummus, Cornbread, Sunflower Seeds
 #4 WG Chex Mix, Cheese Cubes, Peanut Butter, Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Grilled Chicken on WG w/ Pepperjack & Turkey Bacon or Buckskin Bag #3 or PBJ or Garden Salad / Cheez Its / WG Roll Smile Potatoes Mini Salad / Grape Tomatoes / Ranch Peaches / Fresh Fruit Milk	2 Pizza Sticks / Dipping Sauce or Ham & Cheese on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Broccoli Florets / Ranch Mixed Fruit / Fresh Fruit Milk
5 Mini Pancakes / Sausage Links or Turkey & Cheese on WG Roll or PBJ or Salad w/ Chicken / Goldfish / WG Roll Tater Tots Sweet Pepper Slices / Hummus 100% Fruit Juice / Fresh Fruit Milk	6 Pretzel Bun w/ Cheese or Buckskin Bag #4 or PBJ or Salad w/ Chicken / Goldfish / WG Roll Tomato Soup / Goldfish Celery Sticks / Ranch Pears / Fresh Fruit Milk	7 Jumbo Hotdog on WG or Fish Filet on WG or Turkey & Cheese on WG or Salad w/ Chicken / Goldfish / WG Roll Steamed Green Beans Cucumbers / Ranch Peaches / Fresh Fruit Milk	8 Hot Pocket (Beef & Cheddar or Pepperoni) or Buckskin Bag #4 or PBJ or Salad w/ Chicken / Goldfish / WG Roll Steamed Broccoli Baby Carrots / Ranch Pineapples / Fresh Fruit Milk	9 EARLY DISMISSAL Deep Dish Pizza or PBJ Steamed Mixed Vegetables Spring Mix Salad / Ranch Apple Sauce / Fresh Fruit Milk
12 NO SCHOOL	13 Cheese Crunchers / Dip Sauce or Buckskin Bag #1 or PBJ NO SALAD TODAY Steamed Broccoli Mini Salad / Grape Tomatoes / Ranch Pineapples / Fresh Fruit Milk	14 Chicken Tenders or Ham & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Snack Bag Steamed Peas Baby Carrots / Ranch Peaches / Fresh Fruit Milk	15 Cheeseburger on WG or Buckskin Bag #1 or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	16 French Bread Pizza or Ham & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Broccoli Florets / Ranch Apple Sauce / Fresh Fruit Milk
19 Cheesy Pull Apart / Dipping Sauce or Buckskin Bag #2 on WG Roll or PBJ or Salad w/ Turkey & Bacon / WG Roll Steamed Broccoli Baby Carrots / Hummus Pears / Fresh Fruit Milk	20 Breaded Chicken Filet on WG or Buckskin Bag #2 or PBJ or Salad w/ Turkey & Bacon / WG Roll Parsley Potatoes Shredded Lettuce & Tomato Cinnamon Apples / Fresh Fruit Milk	21 Walking Taco or PBJ or Salad w/ Turkey & Bacon / WG Roll Steamed Corn Lettuce / Tomato / Cheese Apple Slices / Craisins Milk	22 NO SCHOOL	23 NO SCHOOL
26 Popcorn Chicken / WG Roll or Ham & Cheese on WG or PBJ NO SALAD TODAY Steamed Peas Baby Carrots / Ranch Apple Sauce / Craisins / Fresh Fruit Milk	27 Chicken Chipotle Bowl (Chipotle Chicken, Seasoned Pinto beans, Corn, Cheese) or Buckskin Bag #3 or Garden Salad / Cheez Its / WG Roll PBJ or Fajita Blend / Tostitos / Salsa Spring Mix Salad / Ranch Pineapples / Fresh Fruit Milk	28 Cheeseburger on WG or Ham & Cheese on WG or PBJ or Garden Salad / Cheez Its / WG Roll Baked Beans Cucumber / Ranch Mixed Fruit / Fresh Fruit Milk	29 Grilled Chicken on WG w/ Pepperjack & Turkey Bacon or Buckskin Bag #3 or PBJ or Garden Salad / Cheez Its / WG Roll Smile Potatoes Mini Salad / Grape Tomatoes / Ranch Peaches / Fresh Fruit Milk	30 Pizza Sticks / Dipping Sauce or Ham & Cheese on WG Roll or PBJ or Garden Salad / Cheez Its / WG Roll Steamed Carrots Broccoli Florets / Ranch Pears / Fresh Fruit Milk

LUNCH SELECTION CHOICE INCLUDES:

- HOT ENTRÉE:** INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
- COLD SANDWICH / PBJ:** INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT
- BUCKSKIN BAG INCLUDES:** INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT

VARIETY OF MILK SERVED DAILY

MENU SUBJECT TO CHANGE

Garden Salad w/ Cheese (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds Cheddar)
 Garden Salad w/ Grilled Chicken (Greens, Tomato, Cucumber, Carrot, Cheddar, Chicken)

