

What's on the Menu?

Darien High School
October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
 28 Garlic & Herb Roasted Chicken Roasted Green Beans Mashed Potatoes Chicken Gravy	29 Walking Beef Tacos	30 General Tso's Chicken or Tofu Garlic-Ginger Bok Choy Steamed Rice	 1 Burger Bar Beef or Impossible Burger Curly Fries	2 Penne Pasta Meatballs & Marinara Roasted Green Beans Garlic Bread
5 Chicken Cutlet Sandwich Bar Tater Tots	6 Beef or Turkey Tacos Rice & Beans	7 Orange Chicken Roasted Green Beans Lo Mein Noodles	8 BBQ Pulled Pork Sandwich Herbed Cauliflower Sweet Potato Fries	9 Macaroni & Cheese Bar BBQ Shredded Pork Chopped Bacon Seasoned Peas
12 Buffalo & BBQ Chicken Wings Carrot & Celery Sticks Crinkle Cut Fries	13 Beef Nachos Homemade Cheddar Cheese Sauce Mexicali Corn Salsa	14 Sweet & Sour Chicken or Chik'n Nuggets Stir-Fried Vegetables Asian Rice	15 Beef & Lamb or Chicken Gyro Homemade Tzatziki Crinkle Cut Fries	16 Cheese Tortellini Marinara, Alfredo or Pesto Roasted Broccoli Garlic Bread
19 BBQ Pulled Chicken Sandwich Seasoned Corn Crinkle Cut Fries	20 Baja Beef Rice Bowl Mexicali Corn	21 Teriyaki Glazed Beef or Chicken Vegetable Medley Lo Mein Noodles	22 Chicken Tikka Masala or Chana Masala Spiced Cauliflower & Sweet Potato Steamed Rice	23 Rotini Pasta Meat Sauce or Marinara Roasted Brussels Sprouts Garlic Bread
26 Chicken Parmesan Sandwich Roasted Carrot Fries Crinkle Cut Fries	27 Philly Cheesesteak Homemade Cheddar Cheese Sauce Peppers & Onions Smile Fries	28 Ginger Soy Chicken Noodle Bowl	29 Cheese Quesadilla Mexican Style Pinto Beans Seasoned Corn Mexican Rice	30 Cheese Stuffed Shells Roasted Green Beans Garlic Bread

Daily Offerings

HOT
 Cheese Pizza
 Pepperoni Pizza
 Grilled Classics

COLD
 Deli Bar
 Salad Bar
 Parfait Bar

October Fun Days



10/1 Vegetarian Day



10/6 Taco Day



10/26 Pumpkin Day
Pumpkin baked goods for sale at bakery section



10/27 Potato Day



**September 28th features
Heritage Breed Chicken**

**October 1st features
Grass-fed Local Beef**

