



OCTOBER 2026

Kingston and North Kitsap High Schools



USDA Meal Requirements
Breakfast & Lunch

Monday

Breakfast: WG French Toast 5
Lunch:
~ Super Nachos
~ Bacon Cheeseburger & FF
~ French Bread Pizza
~ Chicken Caesar Wrap



Tuesday

Breakfast: Breakfast Burrito 6
Lunch:
~ Popcorn Chicken & Potato Bowl
~ Western Burger & FF
~ Taco Salad
~ Specialty Pizza

Wednesday



Breakfast: WG Muffin & Yogurt 7
Lunch:
~ Mac & Cheese w/ Chix Nuggets
~ PB&J Lunch
~ Chicken Caesar Salad w/ WG Roll
~ Turkey Bacon Wrap



Thursday

Breakfast: WG Bagel & CC 1
Lunch:
~ Orange Chicken & Rice w/ Broccoli
~ Specialty Pizza
~ Turkey Bacon Wrap
~ Deli Sandwich & Chips



Breakfast: WG Mini Cinni 8
Lunch:
~ Teriyaki Chicken & Rice
~ Cheeseburger & FF
~ Specialty Pizza
~ Deli Sandwich & Chips



Friday

Breakfast: Monte Cristo 2
Lunch:
~ Chicken & Waffles
~ Bacon Cheeseburger & FF
~ French Bread Pizza
~ PB&J Lunch

Breakfast: Monte Cristo 9
Lunch:
~ Chili & Cornbread
~ Bacon Cheeseburger & FF
~ French Bread Pizza
~ PB&J Lunch



Breakfast: WG Muffin & Yogurt 13
Lunch:
~ Baked Ziti w/ WG Roll
~ Western Burger & FF
~ Deli Sandwich & Chips
~ Taco Salad



Breakfast: Breakfast Pizza 14
Lunch:
~ Baked Cheese Stix w/ Tomato Soup
~ Pepperoni Ripper
~ Turkey Bacon Wrap
~ Crispy Chicken Salad w/ WG Roll

Breakfast: WG Bagel & CC 15
Lunch:
~ Baked Salmon & Rice
~ Spicy Chicken Sandwich & FF
~ Deli Sandwich & Chips
~ Turkey Bacon Wrap

Breakfast: WG Cereal & Cheese 16
Lunch:
~ Brunch for Lunch
~ Bacon Cheeseburger & FF
~ Specialty Pizza
~ Yogurt Lunch

Breakfast: WG Long John 19
Lunch:
~ Super Nachos
~ Bacon Cheeseburger & FF
~ French Bread Pizza
~ Chicken Caesar Wrap



Breakfast: Breakfast Burrito 20
Lunch:
~ Meatball Sub & FF
~ Western Burger & FF
~ Specialty Pizza
~ Taco Salad



Breakfast: WG Waffles 21
Lunch:
~ Fish & Chips w/ WG Roll
~ Pepperoni Ripper
~ Chicken Caesar Salad w/ WG Roll
~ PB&J Lunch

Breakfast: WG Cereal & SC 22
Lunch:
~ Sweet & Sour Chicken & Rice
~ Spicy Chicken Sandwich & FF
~ Specialty Pizza
~ Deli Sandwich & Chips



Breakfast: Breakfast Sandwich 23
Lunch:
~ Drumstick, Mashed Potatoes & WG Roll
~ French Bread Pizza
~ Asian Chicken Wrap



Breakfast: WG French Toast 26
Lunch:
~ Super Nachos
~ Bacon Cheeseburger & FF
~ French Bread Pizza
~ Chicken Caesar Wrap



Breakfast: Breakfast Burrito 27
Lunch:
~ Pasta & Meat Sauce w/ WG Roll
~ Western Burger & FF
~ Deli Sandwich & Chips
~ Taco Salad



Breakfast: WG Chicken & Biscuits 28
Lunch:
~ Mini Corn Dogs & Tater Tots
~ Pepperoni Ripper
~ Crispy Chicken Salad w/ WG Roll
~ PB&J Lunch

Breakfast: WG Muffin & Yogurt 29
½ Day
Parent / Teacher
Conferences
No Lunch / Breakfast Only
Grades 6-12

Breakfast: Breakfast Sandwich 30
½ Day
Parent / Teacher
Conferences
No Lunch / Breakfast Only
Grades 6-12

BREAKFAST

4-5 Choices Daily and includes both fruit & milk
Price: \$3.00 or FREE if eligible
Payments are made thru: Skyward Family Access

LUNCH

8-10 Choices Daily and includes milk and unlimited trips to the "Fruit & Vegetable Offering Bar"
Price: \$4.25 or FREE if eligible.
Payments are made thru: Skyward Family Access

This institution is an equal opportunity provider
Food & Nutrition Service: (360) 396-3279