# The Ursuline School

## Assistant Winter and Spring Track and Field Coach

**Long Jump and Triple Jump | 2026–2027**

Reports To: Athletic Coordinator and Athletic Director

Compensation: $1,200-$1,700

The Ursuline School seeks an assistant coach with practical knowledge of long jump and triple jump to support its girls track and field program. Reporting to the Athletic Coordinator and Athletic Director, the assistant will provide focused instruction and help student athletes develop their skills and confidence.

Candidates with knowledge or experience in multiple event areas are encouraged to apply. Assignments may be combined or adjusted based on candidate strengths and available staffing. Candidates available for only one season are also encouraged to apply.

### Season Dates

Winter Track: November 17, 2026 – February 22, 2027
Spring Track and Field: March 8 – June 5, 2027

Practice Schedule: Practices take place after school, beginning no earlier than 3:15 p.m. Practice times can be adjusted within afternoon and evening hours to accommodate the coach's schedule in coordination with the coaching staff and Athletic Department.

### Responsibilities

- Collaborate with the coaching staff and Athletic Department on training plans and athlete development.
- Teach approach, takeoff, flight, landing, and triple jump phases through safe, progressive instruction.
- Develop drills and practice plans for athletes of varying experience levels.
- Help identify and develop horizontal jumpers and track their progress.
- Assist with measuring performances and maintaining jumping equipment and practice areas.
- Provide individual feedback and supervise athletes safely at practices and meets.
- Attend assigned practices and competitions and communicate athlete progress to the Athletic Coordinator and Athletic Director.
- Promote sportsmanship and follow school, league, and state athletic policies, including injury response procedures.

### Qualifications

- Practical knowledge of long jump and triple jump, gained through coaching or personal participation, is required.
- Extensive coaching experience or elite competitive credentials are not required. Candidates should be able to teach fundamentals safely and be willing to learn and collaborate.
- Ability to work positively with high school athletes, families, and coaching staff.
- CPR, AED, and First Aid certification from an accredited provider required.
- Valid driver's license and successful completion of required background checks and applicable coaching certifications.

### Application

Submit a resume and brief statement of interest to employment@ursulinenewrochelle.org. Please identify your event experience and availability for the winter and spring seasons.

# The Ursuline School

## Assistant Winter and Spring Track and Field Coach

**High Jump | 2026–2027**

Reports To: Athletic Coordinator and Athletic Director

Compensation: $1,200-$1,700

The Ursuline School seeks an assistant coach with practical knowledge of high jump to support its girls track and field program. Reporting to the Athletic Coordinator and Athletic Director, the assistant will provide focused instruction and help student athletes develop their skills and confidence.

Candidates with knowledge or experience in multiple event areas are encouraged to apply. Assignments may be combined or adjusted based on candidate strengths and available staffing. Candidates available for only one season are also encouraged to apply.

### Season Dates

Winter Track: November 17, 2026 – February 22, 2027
Spring Track and Field: March 8 – June 5, 2027

Practice Schedule: Practices take place after school, beginning no earlier than 3:15 p.m. Practice times can be adjusted within afternoon and evening hours to accommodate the coach's schedule in coordination with the coaching staff and Athletic Department.

### Responsibilities

- Collaborate with the coaching staff and Athletic Department on training plans and athlete development.
- Teach approach, takeoff, bar clearance, and safe landing through appropriate progressions.
- Develop drills and practice plans for beginning and experienced high jumpers.
- Help identify and develop high jumpers and track their progress.
- Assist with equipment setup and breakdown and check the landing area for safe use.
- Provide individual feedback and supervise athletes safely at practices and meets.
- Attend assigned practices and competitions and communicate athlete progress to the Athletic Coordinator and Athletic Director.
- Promote sportsmanship and follow school, league, and state athletic policies, including injury response procedures.

### Qualifications

- Practical knowledge of high jump, gained through coaching or personal participation, is required.
- Extensive coaching experience or elite competitive credentials are not required. Candidates should be able to teach fundamentals safely and be willing to learn and collaborate.
- Ability to work positively with high school athletes, families, and coaching staff.
- CPR, AED, and First Aid certification from an accredited provider required.
- Valid driver's license and successful completion of required background checks and applicable coaching certifications.

### Application

Submit a resume and brief statement of interest to employment@ursulinenewrochelle.org. Please identify your event experience and availability for the winter and spring seasons.

# The Ursuline School

## Assistant Winter and Spring Track and Field Coach

**Hurdles | 2026–2027**

Reports To: Athletic Coordinator and Athletic Director

Compensation: $1,200-$1,700

The Ursuline School seeks an assistant coach with practical knowledge of hurdle events to support its girls track and field program. Reporting to the Athletic Coordinator and Athletic Director, the assistant will provide focused instruction and help student athletes develop their skills and confidence.

Candidates with knowledge or experience in multiple event areas are encouraged to apply. Assignments may be combined or adjusted based on candidate strengths and available staffing. Candidates available for only one season are also encouraged to apply.

### Season Dates

Winter Track: November 17, 2026 – February 22, 2027
Spring Track and Field: March 8 – June 5, 2027

Practice Schedule: Practices take place after school, beginning no earlier than 3:15 p.m. Practice times can be adjusted within afternoon and evening hours to accommodate the coach's schedule in coordination with the coaching staff and Athletic Department.

### Responsibilities

- Collaborate with the coaching staff and Athletic Department on training plans and athlete development.
- Teach starts, hurdle clearance, lead and trail leg mechanics, rhythm, and race execution.
- Develop drills and progressions for beginning and experienced hurdlers.
- Coordinate event training with the Head Coach and the team's sprint and strength work.
- Assist with hurdle setup, spacing, inventory, and maintenance.
- Provide individual feedback and supervise athletes safely at practices and meets.
- Attend assigned practices and competitions and communicate athlete progress to the Athletic Coordinator and Athletic Director.
- Promote sportsmanship and follow school, league, and state athletic policies, including injury response procedures.

### Qualifications

- Practical knowledge of hurdle events, gained through coaching or personal participation, is required.
- Extensive coaching experience or elite competitive credentials are not required. Candidates should be able to teach fundamentals safely and be willing to learn and collaborate.
- Ability to work positively with high school athletes, families, and coaching staff.
- CPR, AED, and First Aid certification from an accredited provider required.
- Valid driver's license and successful completion of required background checks and applicable coaching certifications.

### Application

Submit a resume and brief statement of interest to employment@ursulinenewrochelle.org. Please identify your event experience and availability for the winter and spring seasons.

# The Ursuline School

## Assistant Winter and Spring Track and Field Coach

**Throwing Events | 2026–2027**

Reports To: Athletic Coordinator and Athletic Director

Compensation: $1,200-$1,700

The Ursuline School seeks an assistant coach with practical knowledge of shot put, weight throw, and discus to support its girls track and field program. Reporting to the Athletic Coordinator and Athletic Director, the assistant will provide focused instruction and help student athletes develop their skills and confidence.

Candidates with knowledge or experience in multiple event areas are encouraged to apply. Assignments may be combined or adjusted based on candidate strengths and available staffing. Candidates available for only one season are also encouraged to apply.

### Season Dates

Winter Track: November 17, 2026 – February 22, 2027
Spring Track and Field: March 8 – June 5, 2027

Practice Schedule: Practices take place after school, beginning no earlier than 3:15 p.m. Practice times can be adjusted within afternoon and evening hours to accommodate the coach's schedule in coordination with the coaching staff and Athletic Department.

### Responsibilities

- Collaborate with the coaching staff and Athletic Department on training plans and athlete development.
- Teach shot put, weight throw, and discus technique through safe, progressive instruction.
- Develop event drills and coordinate strength work with the Head Coach.
- Establish and enforce safe throwing area and implement retrieval procedures.
- Assist with measuring performances and maintaining throwing implements and equipment.
- Provide individual feedback and supervise athletes safely at practices and meets.
- Attend assigned practices and competitions and communicate athlete progress to the Athletic Coordinator and Athletic Director.
- Promote sportsmanship and follow school, league, and state athletic policies, including injury response procedures.

### Qualifications

- Practical knowledge of shot put, weight throw, and discus, gained through coaching or personal participation, is required.
- Extensive coaching experience or elite competitive credentials are not required. Candidates should be able to teach fundamentals safely and be willing to learn and collaborate.
- Ability to work positively with high school athletes, families, and coaching staff.
- CPR, AED, and First Aid certification from an accredited provider required.
- Valid driver's license and successful completion of required background checks and applicable coaching certifications.

### Application

Submit a resume and brief statement of interest to employment@ursulinenewrochelle.org. Please identify your event experience and availability for the winter and spring seasons.