

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:42:13 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/01/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/02/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	25	85.92	7.00	1.00	0.00	5.00	165.40	5.08	1.03	1.77	0.00	2.28	0.36	22.08	291.09	41.59	0.00(M)	0.00(M)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	12	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	12	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/01/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/02/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/02/2026																			
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/05/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	50	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

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Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/02/2026	
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/05/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/06/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00 (M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	50	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/07/2026																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	1.20	15.60	2.16	48.00	120.00	0.00	0.00	384.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	3.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	0.00(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/06/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/07/2026	
Chicken Nuggets - TR1082 (6 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/07/2026																			
Fuji Apple - TR1052 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/13/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00(M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	50	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/07/2026	
Fuji Apple - TR1052 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/13/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/14/2026																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	1.20	15.60	2.16	48.00	120.00	0.00	0.00	384.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	3.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	0.00(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)
Fuji Apple - TR1052 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/15/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/14/2026	
Chicken Nuggets - TR1082 (6 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
Fuji Apple - TR1052 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/15/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/15/2026																			
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/16/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	25	85.92	7.00	1.00	0.00	5.00	165.40	5.08	1.03	1.77	0.00	2.28	0.36	22.08	291.09	41.59	0.00(M)	0.00(M)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	12	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	12	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/15/2026	
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/16/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/19/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	50	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/20/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00(M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	50	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/19/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/20/2026	
Cheeseburger - TR1897 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:42:13 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/20/2026																			
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/21/2026																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	1.20	15.60	2.16	48.00	120.00	0.00	0.00	384.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	3.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	0.00(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)
Fuji Apple - TR1052 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/22/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/20/2026	
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/21/2026	
Chicken Nuggets - TR1082 (6 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
Fuji Apple - TR1052 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/22/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/22/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/23/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	25	85.92	7.00	1.00	0.00	5.00	165.40	5.08	1.03	1.77	0.00	2.28	0.36	22.08	291.09	41.59	0.00(M)	0.00(M)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	12	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	12	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/22/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/23/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/23/2026																			
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/26/2026																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	48	309.33	10.70	5.47	0.00	32.33	465.67	34.47	4.00	2.00	2.00	20.47	2.00	464.07	0.00	0.00	4.00	164.17	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	50	71.63	3.50	0.50	0.00	5.00	416.52	8.16	1.16	4.16	0.00(M)	0.00	0.00	23.26	232.61	1.40	(M)	(M)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1505 (1/2 c.)	50	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/27/2026																			
Cheeseburger - TR1897 (1 ea.)	48	395.00	19.00	4.25	0.00	67.50	615.00	31.00	2.00	5.00	4.00	23.50	3.00	325.00	300.00	0.00	0.10(M)	458.00(M)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/23/2026	
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect 9-12 Monday :448 - ServingDate: 10/26/2026	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Celery Sticks & Ranch (do not sell ranch) - TR1584 (1/2 c.)	(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/27/2026	
Cheeseburger - TR1897 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:42:13 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/27/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Banana - TR1056 (1 ea.)	50	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Chilled Pears - TR1508 (1/2 c.)	50	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	50	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	25	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	2	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	2	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/28/2026																			
Chicken Nuggets - TR1082 (6 ea)	48	288.00	16.80	3.00	0.00	24.00	564.00	19.20	3.60	1.20	1.20	15.60	2.16	48.00	120.00	0.00	0.00	384.08	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	50	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	3.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	50	83.26	3.50	0.50	0.00	5.00	463.05	9.33	2.33	5.33	0.00(M)	0.00	0.00	46.52	465.22	2.79	(M)	(M)	(M)
Fuji Apple - TR1052 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Tuesday :448 - ServingDate: 10/27/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/28/2026	
Chicken Nuggets - TR1082 (6 ea)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Celery Sticks & Ranch - TR2006 (1 c.)	(M)
Fuji Apple - TR1052 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/28/2026																			
Chilled Applesauce - TR1503 (1/2 c.)	50	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	25	30.38	0.00	0.00	0.00	0.00	75.94	7.09	0.00	5.06	(M)	0.00	0.36	0.00	101.25	1.22	(M)	(M)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/29/2026																			
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	48	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	50	101.35	1.50	0.00	0.00	0.00	236.98	17.13	5.71	2.56	0.00	3.00	1.70	37.08	8114.57	2.05	0.00(M)	8.93(M)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	50	40.00	1.00	0.00	0.00	0.00	170.00	7.00	2.00	4.00	1.00	1.00	0.00	20.00	0.00	6.00	0.00	261.79	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	50	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
Orange Wedges - TR1057 (1 ea.)	50	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/30/2026																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	48	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	5.00	19.00	3.00	151.00	0.00	0.00	0.00	320.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	318.98	12.00	6.00	0.00	29.00	549.97	34.00	2.70	5.00	2.00	18.00	1.64	407.98	134.99	0.00	0.04	521.20	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Wednesday :448 - ServingDate: 10/28/2026	
Chilled Applesauce - TR1503 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Ketchup Dip Cup - TR1245 (1 ea.)	0.00
2025 Fall Lunch Connect 9-12 Thursday :448 - ServingDate: 10/29/2026	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Bean Dip - TR1224 (3/4 c.)	0.00(M)
Marinara Dip Cup - TR1172 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/30/2026	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:42:13 AM by Kevin White

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/30/2026																			
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	1	590.00	32.00	7.00	0.00	0.00	530.00	64.00	7.00	30.00	26.00	18.00	2.00	88.00	0.00	0.00	0.00	464.00	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	25	85.92	7.00	1.00	0.00	5.00	165.40	5.08	1.03	1.77	0.00	2.28	0.36	22.08	291.09	41.59	0.00(M)	0.00(M)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	12	163.27	5.65	0.00	0.00	0.00	226.07	25.12	2.51	0.00	0.00	2.51	0.45	0.00	0.00	3.01	0.00	313.99	0.00
Tater Tots - TR1762 (8 ea.)	12	112.65	6.14	1.02	0.00	0.00	317.46	14.34	1.02	1.02	0.00	1.02	0.00	0.00	0.00	0.00	0.00	215.15	0.00
Granny Smith Apple - TR1054 (1 ea.)	50	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Peaches - TR1504 (1/2 c.)	50	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
2% Chocolate Milk - TR2093 (1 Carton)	25	160.00	5.00	3.50	0.00	25.00	180.00	22.00	0.00	21.00	10.00	8.00	0.36	280.00	189.99	0.00	2.00	420.18	0.00
2% White Milk - TR2094 (1 Carton)	25	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	25	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	0.00	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	35	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Mayo - TR1144 (1 ea.)	1	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	1	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: Connections 9-12
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2026

Site: Tomball Early Excellence Academy
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 Fall Lunch Connect 9-12 Friday :448 - ServingDate: 10/30/2026	
Peanut Butter & Jelly Sandwich - TR1469 (1 ea.)	0.00
Fresh Broccoli & Ranch - TR1238 (1/2 c.)	0.00(M)
Potato Smiles - TR1220 (5 ea.)	0.00
Tater Tots - TR1762 (8 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00
2% Chocolate Milk - TR2093 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	0.00
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)