

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/01/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	40	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	40	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00

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Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/01/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/01/2026																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	20	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00

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Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026																			
Chocolate Glazed Donut - TR1045 (1 ea.)	28	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	16	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Picante Sauce - TR1865 (1 packet)	5	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00

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Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026	
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Picante Sauce - TR1865 (1 packet)	0.00

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2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/05/2026																			
Croissant - TR1953 (1 ea.)	30	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	30	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/02/2026	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/05/2026	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/05/2026																			
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/05/2026	
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026																			
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	0	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/07/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	20	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	30	260.00	9.00	5.00	0.00	20.00	560.00	24.00	4.00	4.00	0.00	21.00	1.80	350.00	750.00	6.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/06/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/07/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/07/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicoius - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/07/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/13/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/13/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/13/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	0	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	20	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	30	260.00	9.00	5.00	0.00	20.00	560.00	24.00	4.00	4.00	0.00	21.00	1.80	350.00	750.00	6.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/13/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026																			
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicouis - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/15/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	40	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	40	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/14/2026	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/15/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/15/2026																			
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	20	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/15/2026	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026																			
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	28	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	16	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Picante Sauce - TR1865 (1 packet)	5	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/19/2026																			
Croissant - TR1953 (1 ea.)	30	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	30	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/16/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/19/2026	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/19/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/19/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/20/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/20/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/20/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	0	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	20	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	30	260.00	9.00	5.00	0.00	20.00	560.00	24.00	4.00	4.00	0.00	21.00	1.80	350.00	750.00	6.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/20/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026																			
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicous - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/22/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	40	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	40	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/21/2026	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/22/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/22/2026																			
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	20	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/22/2026	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026																			
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	28	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	16	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Picante Sauce - TR1865 (1 packet)	5	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/26/2026																			
Croissant - TR1953 (1 ea.)	30	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	30	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/23/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/26/2026	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/26/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	10	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	10	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Monday egg patty croissant sandwich - ServingDate: 10/26/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/27/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	10	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Banana - TR1056 (1 ea.)	20	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/27/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:28:32 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/27/2026																			
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	0	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	20	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	30	260.00	9.00	5.00	0.00	20.00	560.00	24.00	4.00	4.00	0.00	21.00	1.80	350.00	750.00	6.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Tuesday maple pancake sausage wrap - ServingDate: 10/27/2026	
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Mini Pizza Bagels - TR1665 (4 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026																			
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.80	0.00
Apple Red Delicous - TR1420 (1 ea.)	5	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	10	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	0.00
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/29/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	0	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	40	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	4	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	40	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Wednesday pizza :439 - ServingDate: 10/28/2026	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/29/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/29/2026																			
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	20	55.69	4.56	3.04	0.00	12.66	96.19	0.51	0.00	0.00	0.00	3.54	0.00	50.62	151.88	0.00	0.00	10.13	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Thursday Egg burrito :439 - ServingDate: 10/29/2026	
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Shredded Monterrey Jack Cheese - TR1069 (1/2 oz.)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026																			
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	28	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	16	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Hard Boiled Egg - TR1841 (2 egg)	5	126.00	8.40	3.15	0.00	377.99	136.50	0.00	0.00	0.00	0.00	12.60	2.10	46.20	0.00	0.00	2.52	107.58	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	16.00	3.50	0.00	0.00	270.00	32.00	4.00	14.00	12.00	9.00	1.00	43.00	0.00	0.00	0.00	235.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	1	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026	
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Hard Boiled Egg - TR1841 (2 egg)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Picante Sauce - TR1865 (1 packet)	5	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: High School
Menu Line: Main Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2026 FALL Breakfast HS Friday Donut :439 - ServingDate: 10/30/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)