

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/01/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	30	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	30	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/01/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:23:54 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/01/2026																			
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/02/2026																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	202.22	6.00	1.50	0.00	0.00	170.00	34.19	3.00	12.19	8.19	4.00	2.00	67.00	0.00	0.00	0.00	92.12	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	25	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/01/2026	
Whole Milk - TR2095 (1 Carton)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/02/2026	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Cinnamon Roll Glazed - TR1043 (1 ea.)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)

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Site: ALL
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/02/2026																			
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/05/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/02/2026	
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/05/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/05/2026																			
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/06/2026																			
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	6	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	7	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	35	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	12	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/05/2026	
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/06/2026	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/06/2026																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/07/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	30	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/06/2026	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/07/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:23:54 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/07/2026																			
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Turkey Sausage - TR1283 (1 ea.)	30	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Applesauce - TR1503 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	25	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/07/2026	
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/13/2026																			
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	6	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	7	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	35	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	12	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58(M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/13/2026	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/13/2026																			
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/14/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	30	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Turkey Sausage - TR1283 (1 ea.)	30	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Applesauce - TR1503 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	25	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/13/2026	
Sliced Cheese - TR1209 (1 ea.)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/14/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Banana - TR1056 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/14/2026																			
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/15/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	30	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	30	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/14/2026	
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/15/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/15/2026																			
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/16/2026																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/15/2026	
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/16/2026	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/16/2026																			
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	202.22	6.00	1.50	0.00	0.00	170.00	34.19	3.00	12.19	8.19	4.00	2.00	67.00	0.00	0.00	0.00	92.12	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	25	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/19/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/16/2026	
Cinnamon Roll Glazed - TR1043 (1 ea.)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/19/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:23:54 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/19/2026																			
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026																			
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/19/2026	
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026	
Croissant - TR1953 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	6	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	7	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	35	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	12	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026																			
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/21/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	30	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Turkey Sausage - TR1283 (1 ea.)	30	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Applesauce - TR1503 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	25	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/20/2026	
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/21/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/21/2026																			
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/22/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	30	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	30	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/21/2026	
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/22/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/22/2026																			
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/23/2026																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/22/2026	
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/23/2026	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/23/2026																			
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	202.22	6.00	1.50	0.00	0.00	170.00	34.19	3.00	12.19	8.19	4.00	2.00	67.00	0.00	0.00	0.00	92.12	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	25	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/26/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/23/2026	
Cinnamon Roll Glazed - TR1043 (1 ea.)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/26/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/26/2026																			
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	30	189.90	8.99	2.00	0.00	29.98	339.82	17.99	2.00	5.00	5.00	8.99	1.60	29.98	0.00	0.00	0.00	299.70	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	20	54.17	0.00	0.00	0.00	0.00	0.00	13.00	1.08	10.83	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	223.17 (M)	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	15	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026																			
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Monday Frittata :431 - ServingDate: 10/26/2026	
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Maple Chicken Pancake Wrap - TR2077 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026	
Croissant - TR1953 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:23:54 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	10	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	6	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	7	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Egg Patty - TR2020 (1 ea.)	35	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	12	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	0.00	16.25	2.17	11.92	0.00	0.00	0.00	0.00	0.00	0.00	0.00(M)	150.58 (M)	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Sliced Cheese - TR1209 (1 ea.)	10	35.00	2.00	1.25	0.00	7.50	105.00	2.00	0.00	1.00	0.00	2.50	0.00	200.00	300.00	0.00	0.10	180.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Egg Patty - TR2020 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Chilled Pears - TR1508 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Sliced Cheese - TR1209 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026																			
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/28/2026																			
Whole Grain Biscuit - TR1006 (1 ea.)	30	210.00	10.00	5.00	0.00	0.00	400.00	27.00	2.00	3.00	2.00	4.00	1.44	100.00	0.00	0.00	0.00	180.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Turkey Sausage - TR1283 (1 ea.)	30	58.54	3.90	0.98	0.00	29.27	87.80	0.00	0.00	0.00	0.00	5.85	0.70	19.51	0.00	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	15	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Applesauce - TR1503 (1/2 c.)	10	50.00	0.00	0.00	0.00	0.00	0.00	13.00	2.00	11.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	25	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Tuesday croissant :431 - ServingDate: 10/27/2026	
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/28/2026	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Turkey Sausage - TR1283 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Applesauce - TR1503 (1/2 c.)	0.00
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:23:54 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/28/2026																			
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/29/2026																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	15	270.00	10.00	4.50	0.00	0.00	280.00	38.00	3.00	12.00	11.00	6.00	2.70	80.00	200.00	0.00	0.00	107.00	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	10	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	10	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	30	145.45	10.91	3.64	0.00	206.06	339.39	1.21	0.00	1.21	1.21	9.70	0.87	72.73	363.63	0.00	0.00	0.00	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	10	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
Tortillas - TR1512 (1 ea.)	30	90.00	2.50	1.00	0.00	0.00	75.00	15.00	2.00	1.00	1.00	2.00	0.72	20.00	0.00	0.00	0.00	97.00	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Wednesday rolled taco :431 - ServingDate: 10/28/2026	
100% Berry Juice - TR2041 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/29/2026	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	0.00
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Scrambled Eggs with Bacon & Cheese - TR2062 (1/2 c.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
Tortillas - TR1512 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/29/2026																			
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	20	70.00	0.00	0.00	0.00	0.00	0.00	17.00	1.00	15.00	5.00	0.00	0.00	0.00	0.00	0.00	0.00	70.03	0.00
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	0.00	1.00	0.00	60.00	300.00	72.00	0.00	235.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	6.00	0.00	5.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
Picante Sauce - TR1865 (1 packet)	15	5.00	0.00	0.00	0.00	0.00	160.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/30/2026																			
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	320.00	46.00	1.00	11.00	11.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Chex - TR1432 (1 bowl)	5	230.00	5.00	0.50	0.00	0.00	340.00	46.00	3.00	12.00	12.00	3.00	16.20	150.00	1500.00	12.00	0.00	(M)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	5	210.00	6.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	0.00	(M)	0.00
Cocoa Puffs - TR1429 (1 bowl)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Thursday egg burrito :431 - ServingDate: 10/29/2026	
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Jelly Assorted Flavors - TR1022 (1 ea.)	0.00
Ketchup - TR1088 (2 ea.)	0.00
Picante Sauce - TR1865 (1 packet)	0.00
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/30/2026	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Chex - TR1432 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 bowl)	0.00
Cocoa Puffs - TR1429 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/30/2026																			
Cinnamon Roll Glazed - TR1043 (1 ea.)	15	202.22	6.00	1.50	0.00	0.00	170.00	34.19	3.00	12.19	8.19	4.00	2.00	67.00	0.00	0.00	0.00	92.12	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	25	267.17	10.39	4.50	0.00	0.00	330.00	37.43	3.00	12.43	11.43	5.00	1.50	20.00	0.00	0.00	0.00	137.95	0.00
Glazed Donut - TR1044 (1 ea.)	25	262.22	10.00	4.50	0.00	0.00	330.00	37.19	3.00	12.19	11.19	5.00	1.50	20.00	0.00	0.00	0.00	130.19	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	5	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	39.00	10.00	8.00	1.44	170.00	0.00	1.20	2.00	288.11	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	15	60.49	0.00	0.00	0.00	0.00	1.89	15.12	1.89	11.34	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1 ea.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
100% Berry Juice - TR2041 (1 ea.)	20	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	15	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	0.00	0.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
2% White Milk - TR2094 (1 Carton)	40	120.00	5.00	0.00	0.00	20.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	298.00	153.99	0.00	2.00	353.91	0.00
Whole Milk - TR2095 (1 Carton)	40	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Junior High
Menu Line: Main Line
Serving Group: 6-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast JH Friday donut :431 - ServingDate: 10/30/2026	
Cinnamon Roll Glazed - TR1043 (1 ea.)	0.00
Chocolate Glazed Donut - TR1045 (1 ea.)	0.00
Glazed Donut - TR1044 (1 ea.)	0.00
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1 ea.)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Raisins - TR1049 (1 pkg.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
2% White Milk - TR2094 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

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