

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/01/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/02/2026																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/05/2026																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	200.00	6.00	1.00	0.00	5.00	210.00	35.00	4.00	10.00	10.00	4.00	2.70	60.00	500.00	0.00	0.00	140.00	0.00
100% Apple Juice - TR2040 (1 ea.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/01/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/02/2026	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/05/2026	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Generated on: 9/28/2026 11:20:04 AM by Kevin White

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/06/2026																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/07/2026																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.00	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/13/2026																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

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Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/06/2026	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/07/2026	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/13/2026	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

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Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/14/2026																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.00	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/15/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/16/2026																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/14/2026	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/15/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/16/2026	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/19/2026																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	200.00	6.00	1.00	0.00	5.00	210.00	35.00	4.00	10.00	10.00	4.00	2.70	60.00	500.00	0.00	0.00	140.00	0.00
100% Apple Juice - TR2040 (1 ea.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/20/2026																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/21/2026																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.00	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00

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Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/19/2026	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/20/2026	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/21/2026	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/22/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/23/2026																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/26/2026																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	200.00	6.00	1.00	0.00	5.00	210.00	35.00	4.00	10.00	10.00	4.00	2.70	60.00	500.00	0.00	0.00	140.00	0.00
100% Apple Juice - TR2040 (1 ea.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	140.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/22/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/23/2026	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Monday pancake :422 - ServingDate: 10/26/2026	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	0.00
100% Apple Juice - TR2040 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/27/2026																			
Cheerios - TR1611 (1 bowl)	100	100.00	2.00	0.00	0.00	0.00	140.00	21.00	3.00	1.00	1.00	4.00	2.70	60.00	300.00	3.60	1.20	94.00	0.00
100% Berry Juice - TR2041 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	70.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/28/2026																			
Croissant - TR1953 (1/2 ea.)	100	95.00	3.50	1.50	0.00	0.00	95.00	14.50	1.50	2.00	1.50	2.50	0.72	10.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR2020 (1/2 ea.)	100	30.00	2.00	0.50	0.00	0.00	55.00	0.00	0.00	0.00	0.00	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Banana - TR1056 (1 ea.)	100	104.01	0.39	0.00	0.00	0.00	0.99	26.75	2.97	14.36	0.00	1.29	0.31	5.94	75.29	9.91	0.00	418.04	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	4.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	0.00
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/29/2026																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	190.00	5.00	1.50	0.00	0.00	200.00	35.00	4.00	9.00	8.00	4.00	2.70	100.00	500.00	0.00	0.00	180.01	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	150.00	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Tuesday cereal :422 - ServingDate: 10/27/2026	
Cheerios - TR1611 (1 bowl)	0.00
100% Berry Juice - TR2041 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
2025 FALL Breakfast Pre-K Wednesday croissant :422 - ServingDate: 10/28/2026	
Croissant - TR1953 (1/2 ea.)	0.00
Egg Patty - TR2020 (1/2 ea.)	0.00
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00
Ketchup - TR1088 (2 ea.)	0.00
2025 FALL Breakfast Pre-K Thursday waffle :422 - ServingDate: 10/29/2026	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	0.00
100% Juice Fruit Punch Peterson 96/4oz (Student choose 1 flavor only) - TR2042 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassi um (mg)	Mois (g)
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/30/2026																			
Cinnamon Toast Crunch - TR1612 (1 bowl)	100	100.00	2.50	0.00	0.00	0.00	160.00	22.00	4.00	6.00	6.00	1.00	1.80	60.00	300.00	3.60	1.20	0.00	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	0.00	16.00	1.00	15.00	7.00	1.00	0.00	0.00	0.00	0.00	0.00	80.84	0.00
Lactaid Milk - TR1367 (1 Carton)	1	100.00	2.50	1.50	0.00	10.00	130.00	13.00	0.00	12.00	0.00	8.00	0.00	300.00	150.00	0.00	2.50	400.00	0.00
Whole Milk - TR2095 (1 Carton)	99	150.00	8.00	0.00	0.00	35.00	120.00	11.00	0.00	11.00	0.00	8.00	0.10	290.00	0.00	0.00	2.50	339.81	0.00

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - October, 2026

Site: ALL
Date: 10/01/2026 - 10/31/2026

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast Pre-K Friday cereal :422 - ServingDate: 10/30/2026	
Cinnamon Toast Crunch - TR1612 (1 bowl)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00
Lactaid Milk - TR1367 (1 Carton)	0.00
Whole Milk - TR2095 (1 Carton)	0.00