

HELLO OCTOBER

MIDDLE SCHOOL MENU 2026

Post Falls School District
Nutrition Services



Mon	Tue	Wed	Thu	Fri
			1 Breakfast French Toast Sausage Links Lunch Soft Pretzel With Real Cheddar Cheese Sauce	2
5 Breakfast Breakfast Pizza Lunch Cheeseburger	6 Breakfast Mini Cinnamon Rolls & Yogurt Lunch Crispito Potatoes	7 Breakfast Breakfast Sandwich Lunch Buffalo Chicken Mac & cheese Bowl	8 Breakfast Breakfast Bread & Yogurt Lunch Texas Toast Sausage Links	9
12 Breakfast Breakfast Burrito Hashbrown Lunch Chicken Patty Sandwich 	13 Breakfast Maple Bar & Yogurt Lunch Bean & Cheese Burrito 	14 Breakfast Breakfast Quesadilla Lunch Star Chicken Nuggets 	15 Breakfast Mini Waffles Sausage Links Lunch Ribbq Sandwich 	16
NATIONAL SCHOOL LUNCH WEEK!!				
19 Breakfast Pancake on a Stick Lunch Cheeseburger	20 Breakfast Mini Strawberry Bagel & Yogurt Lunch Idaho Nachos	21 Breakfast Breakfast Sandwich Lunch BBQ Chicken Sandwich	22 Breakfast Breakfast Pizza Lunch Corndog	23
26 Breakfast Breakfast Burrito Hashbrown Lunch Chicken Patty Sandwich	27 Breakfast Maple Bar Yogurt Lunch Beef Soft Taco Potatoes	28 Breakfast Peach Parfait Lunch Hot Dog Meal	29 Breakfast Breakfast Quesadilla Lunch Pizza Ripper	

**ALL BREAKFASTS
COME WITH FRUIT OR
JUICE AND MILK**

**ALL LUNCHESS COME
WITH FRUIT, VEGGIES
AND MILK**

See the Nutrition Services
homepage at www.pfsd.com
for more information.

Meal Prices:

Milk—	\$0.75
Breakfast—	\$2.40
Reduced	\$.30
Lunch—	\$3.65
Reduced	\$.40
Adult lunch—	\$5.30

Alternate lunch entrée choices:

Uncrustable PB&J , Pizza,

Chef Salad, Sub Sandwich

OR

Vegetarian (string cheese, yogurt, Gold-
fish crackers)

ALL MENUS ARE SUBJECT TO CHANGE

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