

OCTOBER 2026

Central Valley High School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Choice of:

5

1. PANCAKE & SAUSAGE SANDWICH
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

6

1. OATMEAL
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

7

1. HOMEMADE MUFFIN
2. YOGURT & TOAST
3. CEREAL & GRAHAM CRACKERS

Choice of:

8

1. SCRAMBLED EGGS & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

9

1. YOGURT & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

12

1. BREAKFAST PIZZA
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

13

1. SCRAMBLED EGGS & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

14

1. HOMEMADE MUFFIN
2. YOGURT & TOAST
3. CEREAL & GRAHAM CRACKERS

Choice of:

15

1. BREAKFAST BURRITO
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

16

1. FRUIT & YOGURT PARFAIT
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

19

1. PANCAKE & SAUSAGE SANDWICH
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

20

1. OATMEAL
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

21

1. HOMEMADE MUFFIN
2. YOGURT & TOAST
3. CEREAL & GRAHAM CRACKERS

Choice of:

22

1. SCRAMBLED EGGS & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

23

1. YOGURT & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

26

1. BREAKFAST PIZZA
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

27

1. SCRAMBLED EGGS & TOAST
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

28

1. HOMEMADE MUFFIN
2. YOGURT & TOAST
3. CEREAL & GRAHAM CRACKERS

Choice of:

29

1. BREAKFAST BURRITO
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of:

30

1. FRUIT & YOGURT PARFAIT
2. BAGEL & CREAM CHEESE
3. CEREAL & GRAHAM CRACKERS

Choice of one entree per day.

All breakfasts are offered the following components:
2 Oz Grains, 1 cup fruit and 1 Cup Milk.
Milk choices are 1% white or Fat Free Chocolate.
A variety of fruit and vegetables are offered each day

Menu is subject to change

This institution is an equal opportunity provider
Student meals provided at no charge

Adult lunch \$5.75
Adult breakfast \$4.25