

October 2026

K-4 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 French Toast Sticks Cheese Omelet Hash Brown Rounds Veggie Juice Banana	October 2  Pizza Hut Cheese Pizza Garden Salad Fruit Juice Slushie Carrots, Apples
October 5 Bosco Breadsticks Marinara Dip Cucumbers w/Hummus Applesauce	October 6 Steamed Chicken Dumplings Veggie Egg Roll Broccoli, Oranges	October 7 Soft Pretzel w/Cheese Dip Yogurt Cup Red Peppers w/Hummus Diced Pears	October 8 Dutch Waffle Yogurt cup, Cheese Stick Hash Brown Rounds Veggie Juice Strawberries Whipped Cream	October 9  Pizza Hut Cheese Pizza Garden Salad Fruit Juice Slushie Carrots, Apples
October 12 Chicken Tenders Corn, Carrots WG Roll Peaches	October 13  Pizza Hut Cheese Pizza Garden Salad Fruit Juice Slushie Carrots, Apples	October 14 NO SCHOOL! FALL BREAK	October 15 NO SCHOOL! FALL BREAK	October 16 NO SCHOOL! FALL BREAK
October 19 Mozzarella Pizza Crunchers Marinara Dip Sugar Snap Peas Whole Pears	October 20 Rotini Pasta w/Meat Sauce WG Garlic Knot Broccoli, Grapes	October 21 Mini Corn Dogs Tater Tots Carrots Apple Slices Fritos Corn Chips	October 22 French Toast Sticks Cheese Omelet Hash Brown Rounds Veggie Juice Banana	October 23  Pizza Hut Cheese Pizza Garden Salad Fruit Juice Slushie Carrots, Apples
October 26 Cheeseburger Potato Smiles Cucumbers w/Hummus Grapes	October 27 Hot Dog Baked Beans Red Peppers Mixed Berries	October 28 Mac & Cheese Broccoli, Carrots WG Cheez-its Whole Pears	October 29 Dutch Waffle Yogurt Cup, Cheese Stick Hash Brown Rounds Veggie Juice Strawberries Whipped Cream	October 30  Pizza Hut Cheese Pizza Garden Salad Fruit Juice Slushie Carrots, Apples

Breakfast

served w/choice of
white or
chocolate milk

Monday

Strawberry
NutriGrain Bar
Diced Pears, Milk
Apple Chips

Tuesday

Choc Chip Benefit Bar
Applesauce, Milk
Dried Mixed Fruit

Wednesday

Chickpea Chocolate
Spread, Bug Bites
Crainsins, Milk
Apple Juice

Thursday

Strawberry
NutriGrain Bar
Diced Pears, Milk
Apple Chips

Friday

Choc Chip Benefit Bar
Applesauce, Milk
Dried Mixed Fruit

Choice 2

*not available on
Pizza Hut Day*

Trix Cereal
Strawberry Yogurt
Cheese Stick
Dragon Punch
Ranch Cruncherz
Fruit

**Breakfast & Lunch
are provided at no
cost to all students**

Adult Prices:
Breakfast \$3.75
Lunch \$5.50

Milk is included with lunch
1% Chocolate or 1% White Milk
milk only 75¢



Please pay your lunch balances at
grchristian.familyportal.cloud
Questions: jzondag@grcs.org



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DUE TO AVAILABILITY,
MENU SUBJECT TO CHANGE