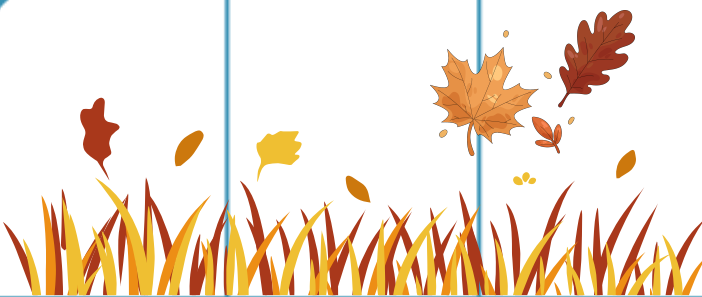


WHAT'S ON THE MENU?

**LUNCH PK
OCTOBER 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken & Cheese Quesadilla with Salsa Seasoned Refried Beans Chilled Diced Pears White 1% Milk	2 Cheese Pizza Roasted Corn Chilled Peaches White 1% Milk 
5 Breaded Beef Sticks with Roll Garlic Mashed Potatoes and Peppered Gravy Chilled Diced Pears White 1% Milk	6 Cheesy Meaty Nachos with Salsa Seasoned Black Beans Chilled Peaches White 1% Milk	7 Jumbo Crispy Chicken Tenders WG Waffles Seasoned Mixed Veggies Pineapple Tidbits White 1% Milk 	8  No School Today	9  No School Today
12  No School Today	13 Orange Chicken with Brown Rice Glazed Carrots Chilled Peaches White 1% Milk	14 WG French Toast Sticks with Powdered Sugar Turkey Sausage Patty Roasted Corn Pineapple Tidbits White 1% Milk 	15 Chicken Nuggets with Dinner Roll Garlic Mashed Potatoes with Peppered Gravy Tropical Fruit Cocktail White 1% Milk	16 Cheese Pizza Seasoned Mixed Vegetables Chilled Peaches White 1% Milk 
19 Classic Cheeseburger Tater Tots Chilled Peaches White 1% Milk	20 Cheesy Meaty Nachos with Salsa Seasoned Refried Beans Applesauce White 1% Milk	21 Jumbo Crispy Chicken Tenders with WG Waffles Seasoned Mixed Veggies Diced Pears White 1% Milk  	22 Soft Beef Tacos Mexicali Corn Fruit Cocktail White 1% Milk	23 Cheese Pizza Steamed Broccoli Pineapple Tidbits White 1% Milk 
26 Cheesy Chicken Quesadilla with Salsa Seasoned Refried Beans Cinnamon Diced Pears White 1% Milk	27 Teriyaki Chicken with Brown Rice Vegetable Stir Fry Chilled Peaches White 1% Milk	28 WG Pancake Bites with Cheesy Scrambled Eggs Sweet Potato Fries Cinnamon Applesauce White 1% Milk 	29 Chicken Nuggets with Mac and Cheese Green Beans Tropical Fruit Cocktail White 1% Milk	30 Cheese Pizza Roasted Corn Chilled Peaches White 1% Milk 

ABBREVIATIONS

FF- Fat Free
LF- Low Fat
VEG- Vegetarian
WG- Whole Grain

If you have a food allergy or intolerance, please notify us.

Fort Worth ISD | Chartwells K-12

Child Nutrition

This Institution is an Equal Opportunity Provider

Monthly Fun Events



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School's Back in Session with Fresh Menu Items!

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