

WHAT'S ON THE MENU?

LUNCH MS
OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 General Tso's Chicken with Brown Rice Classic Cheeseburger Classic Hamburger Turkey BLT Sub Vegetable Stir Fry Burger Toppings Chilled Peaches Fresh Apple	2 WG Pancake Bites with Cheesy Scrambled Eggs Cheese Pizza Pepperoni Pizza Buffalo Popcorn Chicken Salad with Garlic Breadsticks Tater Tots Fresh Carrots Chilled Peaches Fresh Orange
5 Breaded Beef Sticks with Dinner Roll Spicy Chicken Sandwich Crispy Chicken Breast Sandwich Turkey Ham and Cheese Sub Garlic Mashed Potatoes and Peppercorn Gravy Fresh Broccoli Chilled Diced Pears Fresh Apple	6 Beefy Cheesy Cheddar Nachos Cheese Pizza Meat Lover's Pizza Spicy Chicken and Mozzarella Salad with Garlic Breadstick Seasoned Refried Beans Fresh Carrots Chilled Peaches Fresh Orange	7 Jumbo Crispy Chicken Tenders with WG Waffles Bacon Cheeseburger Classic Hamburger Turkey Ham and Cheese Sub Seasoned Mixed Veggies Burger Toppings Pineapple Tidbits Fresh Pear	8  STAFF DAY No School Today	9  FALL Break! No School Today
12  INDIGENOUS PEOPLE day No School Today	13 Orange Chicken with Brown Rice Classic Cheeseburger Classic Hamburger Turkey BLT Sub Glazed Carrots Burger Toppings Chilled Peaches Fresh Pear	14 Chili Cheese Dog Cheese Pizza Meatlover's Pizza Ham and Turkey Chef Salad with Garlic Breadstick Seasoned Mixed Veggies Sliced Cucumbers Pineapple Tidbits Fresh Orange	15 Meaty Walking Taco with Spanish Rice and Salsa Bacon Cheeseburger Classic Hamburger Turkey Bacon Cheese Club Sub Seasoned Black Beans Burger Toppings Tropical Fruit Cocktail Fresh Apple	16 WG French Toast Sticks with Powdered Sugar Turkey Sausage Patty Cheese Pizza Pepperoni Pizza Buffalo Popcorn Chicken Salad with Garlic Breadsticks Roasted Corn Fresh Broccoli Chilled Peaches Fresh Pear
19 Breaded Beef Sticks with Dinner Roll Spicy Chicken Sandwich Crispy Chicken Breast Sandwich Turkey Ham and Cheese Sub Garlic Mashed Potatoes and Peppercorn Gravy Fresh Carrots Chilled Peaches Fresh Apple	20 Beefy Cheesy Cheddar Nachos Cheese Pizza Meat Lover's Pizza Spicy Chicken and Mozzarella Salad with Garlic Breadstick Mexicali Corn Fresh Broccoli Pineapple Tidbits Fresh Orange	21 Popcorn Chicken with Mac and Cheese Bacon Cheeseburger Classic Hamburger Turkey Ham and Cheese Sub Seasoned Mixed Veggies Burger Toppings Tropical Fruit Cocktail Fresh Pear	22 Beef Enchiladas with Spanish Rice Cheese Pizza Pepperoni Pizza Chicken and Mozzarella Salad with Garlic Breadsticks Seasoned Refried Beans Sliced Cucumbers Pineapple Tidbits Fresh Orange	23 Buffalo Chicken Wings with WG Biscuit Classic Cheeseburger Classic Hamburger Italian Sub Sweet Potato Fries Burger Toppings Tropical Fruit Cocktail Fresh Apple
26 Chicken Nuggets with Garlic Breadstick Cheese Pizza Buffalo Chicken Pizza Turkey Cobb Salad with Garlic Breadstick Seasoned Mixed Veggies Fresh Broccoli Cinnamon Diced Pears Fresh Orange	27 General Tso's Chicken with Brown Rice Classic Cheeseburger Classic Hamburger Turkey BLT Sub Vegetable Stir Fry Burger Toppings Chilled Peaches Fresh Apple	28 Chicken Pasta Alfredo with Garlic Breadstick Cheese Pizza Meatlover's Pizza Ham and Turkey Chef Salad with Garlic Breadsticks Steamed Broccoli Lettuce and Cherry Tomato Side Salad Cinnamon Applesauce Fresh Pear	29 Meaty Walking Taco with Spanish Rice and Salsa Bacon Cheeseburger Classic Hamburger Turkey Bacon Cheese Club Sub Burger Toppings Seasoned Black Beans Tropical Fruit Cocktail Fresh Apple	30 WG Pancake Bites with Cheesy Scrambled Eggs Cheese Pizza Pepperoni Pizza Buffalo Popcorn Chicken Salad with Garlic Breadsticks Tater Tots Fresh Carrots Chilled Peaches Fresh Orange

ABBREVIATIONS

FF- Fat Free
LF- Low Fat
VEG- Vegetarian
WG- Whole Grain

If you have a food allergy or intolerance, please notify us.

Milk Options

White 1% Milk or Fat Free Chocolate Milk

Fort Worth ISD | Chartwells K-12

Child Nutrition

This Institution is an Equal Opportunity Provider

Monthly Fun Events



Download on the App Store

School's Back in Session with Fresh Menu Items!

Check out daily menus right here!



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