

WYASD HIGH SCHOOL LUNCH

OCTOBER 2026

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pulled Pork Sandwiches Mac and Cheese Green Beans Pears Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	2 Grilled Cheese Sandwich Tomato Soup Carrots Applesauce Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options
5 Chicken Mashed Potato Bowl Dinner Roll Mashed Potatoes Corn Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	6 Walking Tacos (Beef) Lettuce Sour Cream/Salsa Mexican Corn Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	7 Pizza Crunchers with Marinara Sauce Dinner Roll Mixed Vegetables Applesauce Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	8 Italian Cold Cut Sub SunChips Broccoli Carrots Applesauce Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	9 No School No Lunch
12 No School No Lunch	13 Buffalo Chicken Tenders Dinner Roll Scalloped Potatoes Carrots Frozen Strawberries Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	14 Ham & Cheese Sandwich Doritos Green Beans Pears Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	15 Hot Honey Beef Tater Tots Dinner Roll Mexican Corn Applesauce Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	16 Double Dipper Dinner Roll Broccoli Frozen Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options
19 Rotini with Meat Sauce Garlic Breadsticks Green Beans Frozen Strawberries Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	20 General Tso's Chicken Seasoned Rice Broccoli Icee Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	21 Pork Rib BBQ Sandwich Snack Bag Churros Broccoli Pears Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	22 Hot Dog French Fries Baked Beans Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	23 Early Dismissal No Lunch
26 Chicken Alfredo Pasta Garlic Breadsticks Broccoli Frozen Strawberries Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	27 Beef Nachos Sour Cream/Salsa Mexican Corn Pears Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	28 Chicken Pot Pie Dutch Funnel Cake Peas Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	29 Burrito Bowl (Chicken) Sour Cream/Salsa Mexican Corn Pears Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options	30 Chicken Bites Garlic Noodles Carrots Peaches Milk Alternate: Pizza, Assorted Hot Sandwiches, and Cold Meal Options

Important Meal Information

Prices



Breakfast - \$0.00

Regular Lunch - \$0.00

Adult Lunch - \$5.25

Milk - \$0.55

Please keep an account balance of **\$5.00 or more**



Breakfast

Monday - Mini Cinni

Tuesday - Chocolate Chip Oatmeal Bar

Wednesday - Egg and Cheese Sandwich

Thursday - Chocolate Chip Oatmeal Bar

Friday - Donuts or Pancake and Egg Sandwich

Other options: Cereal, Pop Tarts, PB & J

Daily Menu Options



- Pizza
- Chicken breast filet
- Chicken wrap
- Cheeseburgers
- Peanut butter and jelly boxes
- Assorted cold sandwiches
- Chef salad



Complete Meals

A complete lunch is **3** of the **5** food groups (fruit, vegetable, grain, meat/meat alternate, milk), and **1** component must be a **fruit** or **vegetable**. If you do not have 3 of the 5 items, with one of the items being a fruit or vegetable, you will be charged a la carte pricing.

A Salad meal consist of a **salad, yogurt, roll, saltines, fruit, and milk.**

Milk Options



Milk Served Daily:

- 1% Chocolate Milk
- 1% White Milk