

PHONEME SEGMENTATION FLUENCY

An Activities Guide for Families

K

At Home Activities

When you see slashes like /m/, it means make the letter sound, don't say the letter name.

- Say "mmm" (like something tastes good)
- Not "em" (the name of the letter M)

Robot Talk

Speak like a robot who can only say sounds. Ask your child to "translate" back to human language.

Parent: "Please pass the /c/.../u/.../p/."

Child: "Cup!"

Head, Shoulders, Knees

Touch a body part for each sound in a word.

Word: "Hop"

Action: Touch head for /h/, touch shoulders for /o/, touch knees for /p/.

Finish This Rhyme

Recite or read a nursery rhyme your child knows well. Stop right before the rhyming word and wait for them to shout it out.

Parent says, "Twinkle, twinkle, little star, how I wonder what you..."
(Pause).

Child says, "Are!"

Rubber Band Words

Have your child pretend to hold a giant invisible rubber band. Say a word like "dog," and ask them to slowly stretch their hands wide as they say the separate sounds "/d/.../o/.../g/." Then, quickly snap their hands back together to say the whole word "Dog!"

Clean Up Sounds

While cleaning up, have your child say the sounds of the item they are putting away.

Adult: "Clean up a sock and say the sounds in sock."

Child: "/s/, /o/, /k/." Puts the sock in the laundry hamper.

Sound Toss

For a more advanced practice, ask the child to "throw a sound away."

Adult: "Say slap without the /s/."

Child: "Lap."

Adult: "Say farm without the /f/."

Child: "Arm."

Did You Know?

If your child is good at nursery rhymes, they are prepping for reading! Recognizing that 'bees' rhymes with 'knees' shows their brain can separate sounds from meanings, a critical pre-reading skill.

