



OCTOBER 2026

Mifflinburg Area School District

Breakfast Menu



Also available daily:

Power up with a healthy breakfast!

Breakfast Prices

Student	Free
Adult	\$3.05
Milk	\$0.50
Moo-Latte (High School Only)	\$2.00 (OR free with complete breakfast)

 **Milk**
Whole or 2%

Select your choice of Entrée or Cereal. You may choose one Grain Snack , milk and up to two fruit choices.
MUST SELECT AT LEAST ONE FRUIT (or Juice)

100% Fruit Juice
Grape, Apple, Very Berry, Fruit Punch

Assorted Whole Grain Morning Snacks

Choice of one:

Cheddar Crackers, Bug Bites, Pretzels, Goldfish

ALL STUDENTS WILL RECEIVE FREE BREAKFAST AND LUNCH MEALS FOR THE 2026 – 2027 SCHOOL YEAR.



Menu is subject to change based on product availability.



This institution is an equal opportunity employer and provider.

			October 1	October 2
			Colby Cheese Omelet with Hashbrown -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Assorted Breakfast Breads -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit
October 5	October 6	October 7	October 8	October 9
Whole Grain Mini Cinis -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Assorted Whole Grain Muffins with 4oz Yogurt -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Apple or Cherry Frudel -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Colby Cheese Omelet with Hashbrown -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Mini Eggo Pancakes with Syrup -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit
October 12	October 13	October 14	October 15	October 16
ACT 80 DAY NO SCHOOL FOR STUDENTS	Mini Whole Grain Strawberry Filled Bagel -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Tony's Breakfast Pizza on Whole Grain Crust -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Warm Cinnamon Roll with Peanut Butter -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Bagel with Cream Cheese, Peanut Butter or Butter and Jelly -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit
October 19	October 20	October 21	October 22	October 23
Egg and Cheese on Whole Grain English Muffin -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Early Riser Stuffed Hashbrown -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Mini Eggo Pancakes with Syrup -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Colby Cheese Omelet with Hashbrown -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Assorted Breakfast Breads -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit
October 26	October 27	October 28	October 29	October 30
Whole Grain Mini Cinis -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Assorted Whole Grain Muffins with 4oz Yogurt -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Apple or Cherry Frudel -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Colby Cheese Omelet with Hashbrown -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit	Whole Grain Mini Eggo Pancakes with Syrup -OR- Assorted Reduced Sugar Whole Grain Cereal-1oz Fresh Fruit



Mrs. Kristi Long – Director of Food Services – 570.966.8241

