

Garden Salad and Assorted Fruit Juice available every day!	Choose your Meal:			LUNCH PRICES	
	Choice of Entrée - All Entrées contain the required serving of both protein and grains. Choice of up to 2 Vegetables & up to 2 Fruit. You must take at least 1 Fruit or 1 Vegetable.			Students Only	Free
				Entrée Only	\$3.75
Additional Entrée Choices Available Daily				Adult Lunch	\$5.05
Entrée Salad & Sandwich Options (Assorted Variety Daily) Chef Salad Peanut Butter and Jelly Sandwich Turkey and Cheese Sandwich Ham and Cheese Sandwich <i>Entrée Salads are served with WG Croutons and a dinner roll.</i>				October 1	October 2
				Baked Fish Sticks with Mac and Cheese -OR- Hot Dog on Whole Grain Roll with Mac and Cheese Steamed Broccoli Mixed Fruit Banana	Tony's French Bread Pizza on Whole Grain Crust -OR- Whole Grain Soft Pretzel with Cheese Sauce and 4oz Yogurt Baked Beans Applesauce Banana
	October 5	October 6	October 7	October 8	October 9
Also available daily: Milk: 2%, Whole, Low-fat Chocolate Milk 100% Fruit Juice: Fruit Punch, Apple Juice, Very Berry and Grape Garden Salad with assorted dressing	Cheeseburger on Whole Grain Roll -OR- Pulled Pork Sandwich with BBQ Sauce on Whole Grain Roll Baked Beans Mixed Fruit Orange Wedges	Chicken Patty Sandwich on Whole Grain Roll -OR- Mealball Hoagie on Whole Grain Sub Roll Steamed Broccoli Sliced Apricots Grapes	French Toast Sticks with Syrup and Turkey Sausage Patties -OR- Yogurt and Bagel with Peanut Butter, Butter and Jelly or Cream Cheese Tater Tots Applesauce Craisins	Macaroni and Cheese with Whole Grain Soft Pretzel Stick -OR- Grilled BBQ Chicken Sandwich on Whole Grain Roll Green Beans Sliced Pears Orange Wedges	Stuffed Crust Pizza on Whole Grain Crust -OR- Whole Grain Soft Pretzel with Cheese Sauce and 4oz Yogurt Steamed Carrots Sliced Peaches Fresh Fruit Salad
	October 12	October 13	October 14	October 15	October 16
	ACT 80 DAY NO SCHOOL FOR STUDENTS	Chicken Quesadilla on Whole Grain Tortilla, Offered with Salsa and Sour Cream -OR- Hot Dog on Whole Grain Roll Steamed Corn Mixed Fruit Berries with Whipped Topping	Chicken Alfredo Pasta with Whole Grain Breadstick -OR- Italian Sausage Sandwich Steamed Broccoli Sliced Apricots Orange Wedges	Popcorn Chicken with Whole Grain Dinner Roll -OR- Baked Fish Sandwich on Whole Grain Roll Baked Beans Applesauce Fresh Fruit Salad	DOMINO'S PIZZA DAY  Hot and fresh Cheese Pizza made and delivered by Dominos! Served with choice of Baby Carrots with Ranch Dressing, Garden Salad, Fresh Apple Slices and 100% Fruit Italian Ice. 2nd: Uncrustable Lunch Pack
A la Carte Hershey's Ice Cream novelties are available for purchase for \$1.25 each!  Students can bring money or use their EZSchool Pay account, if funds are available.	October 19	October 20	October 21	October 22	October 23
	Whole Grain Chicken Nuggets with Whole Grain Roll -OR- Yogurt and Bagel with Peanut Butter, Butter and Jelly or Cream Cheese Baked Beans Slice Pears Orange Wedges	Walking Tacos with Brown Rice -OR- Baked Fish Sandwich on Whole Grain Roll Steamed Corn/Lettuce and Tomato Cup Applesauce Sliced Apricots	Teriyaki Chicken and Vegetable Dumplings (6) -OR- Cheeseburger on Whole Grain Roll Steamed Broccoli Mixed Fruit That's It Apple Crunchers	Chicken Patty on Whole Grain Roll -OR- Meatball Hoagie on Whole Grain Sub Roll Sweet Potato Tots Sliced Pears Fresh Fruit Salad	Mickey's Pizza on Whole Grain Crust -OR- Whole Grain Soft Pretzel with Cheese Sauce and 4oz Yogurt Green Beans Applesauce Sliced Peaches
	October 26	October 27	October 28	October 29	October 30
 This institution is an equal opportunity employer and provider.	Chicken Tenders with Whole Grain Roll -OR- Grilled BBQ Chicken Sandwich on Whole Grain Steamed Broccoli Sliced Peaches Berries with Whipped Topping	Cheesesteak Sandwich offered with Onions and Peppers -OR- Pulled Pork Sandwich on Whole Grain Roll Baked Beans Sliced Pears Grapes	Baked Fish Sticks -OR- Hot Dog on Whole Grain Roll Green Beans Extra Side: Mac and Cheese Applesauce Cup Sliced Apricots	Chicken Potato Bowl with Whole Grain Dinner Roll -OR- Beef BBQ Sandwich on Whole Grain Roll Steamed Corn Sliced Peaches Fresh Fruit Salad	Stuffed Crust Pizza on Whole Grain Crust -OR- Whole Grain Soft Pretzel with Cheese Sauce and 4oz Yogurt Steamed Carrots Sliced Pears Grapes

ALL STUDENTS WILL RECEIVE FREE BREAKFAST AND LUNCH MEALS FOR THE 2026 – 2027 SCHOOL YEAR.



Mrs. Kristi Long – Director of Food Services – 570.966.8241
Mrs. Shirley Hewlett – Head Cook

