

# Breakfast Menu

Lansingburgh Turnpike Elementary

October 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

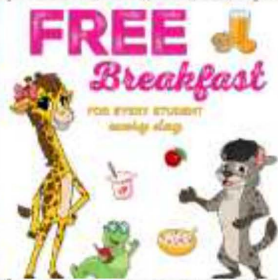
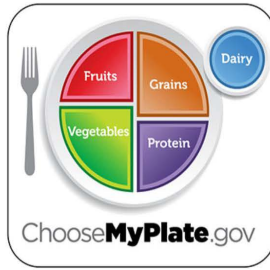
Monday

Tuesday

Wednesday

Thursday

Friday



1 Red. Sugar Cinnamon Toast Crunch Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk  
Lactose Free Skim Milk

2 Mini French Toast  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

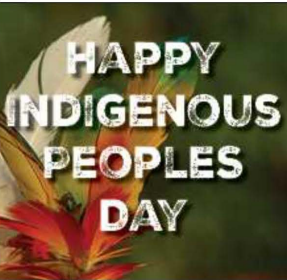
5 WW Bagel   
Cream Cheese  
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk  
Lactose Free Skim Milk

6 Frosted Corn Flakes Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

7 Maple Mini Waffles   
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

8 Red. Sugar Cocoa Puffs Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

9 Mini Blueberry Pancakes  
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk



13 Cheerios Honey Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

14 Banana Bread   
Apple Slices  
Unflavored Low Fat Milk  
Fat Free Chocolate Milk  
100% Apple Juice

15 Red. Sugar Cinnamon Toast Crunch Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

16 WW Bagel   
Cream Cheese  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

19 Yogurt Breakfast Pack yogurt served with a whole grain side and fruit   
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

20 Frosted Corn Flakes Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

21 Chocolate Chip Muffin   
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

22 Red. Sugar Cocoa Puffs Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

23 Maple Mini Waffles   
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

26 Mini French Toast  
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

27 Cheerios Honey Cereal   
Apple Slices  
100% Orange  
Tangerine   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

28 Banana Bread   
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

29 Red. Sugar Cinnamon Toast Crunch Cereal   
WG Honey Bear Graham Crackers  
Apple Slices  
100% Orange Tangerine Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

30 WG Double Chocolate Chip Muffin   
Apple Slices  
100% Apple Juice   
Unflavored Low Fat Milk  
Fat Free Chocolate Milk

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$3.52+ Tax

All students are eligible to receive one free meal at breakfast.

MENU IS SUBJECT TO CHANGE

Breakfast will be served in the classroom for all students.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or [kdarrigo@lansingburgh.org](mailto:kdarrigo@lansingburgh.org).

