

Breakfast Menu

Lansingburgh Rensselaer Elementary

October 2026

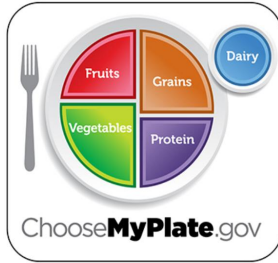
WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



5 WW Bagel
Cream Cheese
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

Tuesday



6 Red. Sugar Cinnamon
Toast Crunch Cereal

WG Honey Bear
Graham Crackers
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

Wednesday



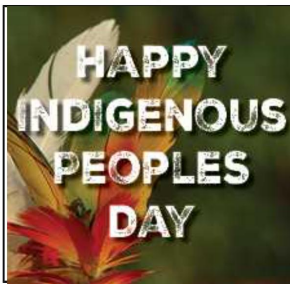
7 Mini Maple Flavored
Waffles
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

Thursday

1 Sausage, Egg and
Cheese Sandwich
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

Friday

2 Mini Cinnamon Pull
Apart Roll
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk



19 Mini Blueberry Pancakes
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

13 Red. Sugar Cocoa Puffs
Cereal
WG Honey Bear
Graham Crackers
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

14 Mini French Toast
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

15 Sausage, Egg and
Cheese Sandwich
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

16 Mini Cinnamon Pull
Apart Roll
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

20 Frosted Corn Flakes
Cereal
WG Honey Bear
Graham Crackers
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

21 Banana Bread
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

22 Sausage, Egg and
Cheese Sandwich
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

23 WW Bagel
Cream Cheese
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

26 WG Double Chocolate
Chip Muffin
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

27 Reduced Sugar Trix
WG Honey Bear
Graham Crackers
Apple Slices
100% Orange
Tangerine
Unflavored Low Fat Milk
Fat Free Chocolate Milk

28 Mini Maple Flavored
Waffles
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

29 Sausage, Egg and
Cheese Sandwich
WG Honey Bear
Graham Crackers
Apple Slices
100% Orange Tangerine
Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

30 WW Honey Bun
Apple Slices
100% Apple Juice
Unflavored Low Fat Milk
Fat Free Chocolate Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

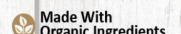
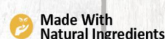
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$3.52+ Tax

All students are eligible to receive one free meal at breakfast.

MENU IS SUBJECT TO CHANGE



Breakfast will be served in the hallways and brought to the student's homeroom.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.