

Lunch Menu

Lansingburgh Rensselaer Elementary

October 2026

WHITSONS FAMILY OF COMPANIES
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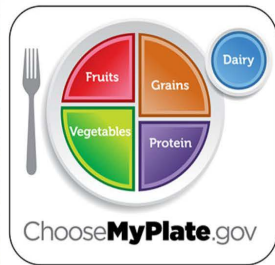
Monday

Tuesday

Wednesday

Thursday

Friday



1 Baked Chicken Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

2 Classic Cheese Pizza
Pepperoni Pizza
Steamed Broccoli
Fresh Green Grapes
Unflavored Low Fat Milk
Fat Free Chocolate Milk

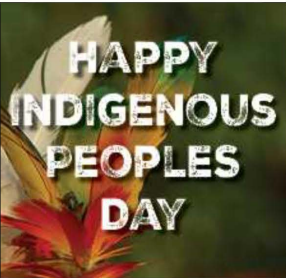
5 Mozzarella Sticks
crispy mozzarella sticks
filled with gooey cheese,
perfect for dipping into your
favorite sauce
Marinara Sauce
Buttered Corn
Applesauce
Unflavored Low Fat Milk
Fat Free Chocolate Milk
MEATLESS MONDAY

6 Taco Bar
build your own taco! Choose
the fillings and fixins you
want from all of our
delicious selections
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

7 Beef Hot Dog on Bun
juicy beef hot dog on a soft
bun
Oven Baked Fries
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

8 Crispy Popcorn Chicken
crispy breaded chicken bites
baked to perfection
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

9 Classic Cheese Pizza
Pepperoni Pizza
Steamed Broccoli
Fresh Green Grapes
Unflavored Low Fat Milk
Fat Free Chocolate Milk
Unflavored Low Fat Milk



13 Taco Bar
build your own taco! Choose
the fillings and fixins you
want from all of our
delicious selections
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

14 Chicken Bowl with
Gravy
chicken layered with
mashed potatoes and corn,
smothered in gravy
Sweet Corn
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

15 Crispy Chicken
Sandwich
warm crispy breaded
chicken on a bun prepared
in-house
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

16 Classic Cheese Pizza
Pepperoni Pizza
Steamed Broccoli
Fresh Green Grapes
Unflavored Low Fat Milk
Fat Free Chocolate Milk

19 Cheesy Stuffed Bread
Sticks
baked bread sticks filled
with melted cheese
Marinara Sauce
Buttered Corn
Applesauce
Unflavored Low Fat Milk
Fat Free Chocolate Milk
MEATLESS MONDAY

20 Taco Bar
build your own taco! Choose
the fillings and fixins you
want from all of our
delicious selections
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

21 NY Beef Burger
beef burger on a freshly
toasted bun
Oven Baked Fries
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk
LUCKY TRAY DAY!

22 Chicken Nuggets
crispy breaded chicken
nuggets perfect for dipping
in your favorite sauce
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

23 **HALF DAY**
A bagged lunch will
be offered to all
students.

26 Cheese Quesadilla
freshly grilled flour tortilla
with melted cheese
Mild Salsa
Buttered Corn
Applesauce
Unflavored Low Fat Milk
Fat Free Chocolate Milk
MEATLESS MONDAY

27 Taco Bar
build your own taco! Choose
the fillings and fixins you
want from all of our
delicious selections
Glazed Carrots
Mixed Fruit
Unflavored Low Fat Milk
Fat Free Chocolate Milk

28 General Tso's Chicken
crispy chicken with broccoli
in General Tso's sauce
Brown Rice
Steamed Broccoli
Diced Pear Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

29 Crispy Chicken
Drumstick
tender chicken drumstick
breaded and baked until
crispy
Baked Beans
Strawberry Cup
Unflavored Low Fat Milk
Fat Free Chocolate Milk

30 Classic Cheese Pizza
Pepperoni Pizza
Steamed Broccoli
Fresh Green Grapes
Unflavored Low Fat Milk
Fat Free Chocolate Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Adult Meal - \$5.23 + Tax

All students are eligible to receive one free meal at lunch.

Fresh fruit and vegetable available daily.

Other lunch options available daily.

If you have any questions or would like additional information regarding this menu please contact the Director of Food Service, Kevin Darrigo, at 518-233-6829 or kdarrigo@lansingburgh.org.

