



Food Zone

October 2026

Middle-High After School Dinner Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Cheese Bosco Sticks With Seasoned Green Peas Marinara Sauce Cup Fruit Cup	2 Chicken Tenders with Brown Rice Green Beans Fresh Banana
5 Chicken Filet on WG Bun With Seasoned Corn Apple Slices	6 Popcorn Chicken Macaroni and Cheese with Seasoned Green Beans Fruit Cup	7 Cheese or Peperoni Pizza With Fresh Garden Salad Apple Sauce Cup	8 Beef Riblet Sandwich With BBQ Baked Beans Fruit Cup	9 Sweet and Sour Chicken Popcorn Chicken Brown Rice Green Beans Fresh Banana
12 Hamburger or Cheeseburger on WG Bun BBQ Baked Beans Apple Slices	13 Turkey Cold Cut Sub Sandwich with Carrots Sticks and Ranch Nacho Dorito Chips 100% Apple Juice Cup	16 Cheese or Peperoni Pizza With Fresh Garden Salad Apple Sauce Cup	17 Cheese Bosco Sticks With Seasoned Green Peas Marinara Sauce Cup Fruit Cup	18 BBQ Glazed Baked Chicken Leg With Macaroni and Cheese Green Peas Fresh Banana
19 Chicken Filet on WG Bun With Seasoned Corn Apple Slices	20 Penne Pasta with Beef Meatballs Marinara Sauce Glazed Carrots Dinner Roll Fruit Cup	21 Cheese or Peperoni Pizza With Fresh Garden Salad Apple Sauce Cup	22 Chicken Corn Dog With BBQ Baked Beans Fruit Cup	23 All Schools Closed Records Day
26 Hamburger or Cheeseburger on WG Bun BBQ Baked Beans Apple Slices	27 Turkey Cold Cut Sub Sandwich with Carrots Sticks and Ranch Nacho Dorito Chips 100% Apple Juice Cup	28 Cheese or Peperoni Pizza With Fresh Garden Salad Apple Sauce Cup	29 Beef Riblet Sandwich With BBQ Baked Beans Fruit Cup	30 Chicken Tenders with Brown Rice Green Beans Fresh Banana

MENU SUBJECT TO CHANGE

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White

Dinner Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.