



Food Zone

October 2026 Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mini Turkey Corn Dog With Spiral French Fries Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	2 All Beef Calzone or Cheese Calzone With Marinara Sauce Cup Seasoned Green Peas Fresh Grapes WG Chocolate Chip Cookie Assorted Fresh Fruit and Vegetable Bar
5 BBQ Glazed Chicken Leg With Brown Rice Seasoned Green Beans WG Corn Bread Apple Sauce Cup Assorted Fresh Fruit and Vegetable Bar	6 Chicken & Waffles Popcorn Chicken Dutch Waffles w/ Powdered Sugar Seasoned Corn Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	7 All Beef Cheeseburger With BBQ Baked Beans Apple Slices Assorted Fresh Fruit and Vegetable Bar	8 Salisbury Steak w/ Beef Gravy With Macaroni and Cheese Glazed Carrots Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	9 Cheese or Turkey Pepperoni Pizza Garden Salad Fresh Grapes Assorted Fresh Fruit and Vegetable Bar
12 Breakfast for Lunch Cinnamon Glazed French Toast With Hash Brown Potato Rounds 100 Calorie Pancake Syrup Apple Sauce Cup Assorted Fresh Fruit and Vegetable Bar	13 Taco Tuesday Nacho Dorito Beef Taco Meat Shredded Cheese Black Beans Salsa and Sour Cream Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	14 Chicken Alfredo Bow-Tie Pasta Fajita Chicken Seasoned Green Beans Dinner Roll Apple Slices Assorted Fresh Fruit and Vegetable Bar	15 BBQ Beef Riblet Sandwich With Baked Onion Rings Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	16 Cheese Bosco Sticks With Marinara Sauce Cup Seasoned Glazed Carrots Fresh Grapes WG Chocolate Chip Cookie Assorted Fresh Fruit and Vegetable Bar
19 Chicken Quesadilla With Seasoned Corn Sour Cream and Salsa Apple Sauce Assorted Fresh Fruit and Vegetable Bar	22 Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots Dinner Roll Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	21 Cheese or Turkey Pepperoni Pizza Garden Salad Apple Slices Assorted Fresh Fruit and Vegetable Bar	22 Records Day All Elementary Schools Closed	23 Records Day All Schools Closed
26 BBQ Beef Meatballs With Macaroni and Cheese WG Corn Bread Glazed Carrots Apple Sauce Assorted Fresh Fruit and Vegetable Bar	27 Taco Tuesday Tortilla Chip Beef Taco Meat Cheese Queso Black Beans Salsa and Sour Cream Fresh Orange Slices Assorted Fresh Fruit and Vegetable Bar	28 Chicken Tenders With Seasoned Green Beans Cheddar Goldfish Apple Slices Assorted Fresh Fruit and Vegetable Bar	29 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Frozen Fruit Cup Assorted Fresh Fruit and Vegetable Bar	30 All Beef Calzone or Cheese Calzone With Marinara Sauce Cup Seasoned Green Peas Fresh Grapes "Special Halloween RS Fruit Roll-Up" Assorted Fresh Fruit and Vegetable Bar
<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich	<u>2nd Entrée Option:</u> Cheese Bosco Sticks w/Marinara Sauce Cup	<u>2nd Entrée Option:</u> Turkey and Cheese Sandwich	<u>2nd Entrée Option:</u> Chicken Corn Dog	<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich

MENU SUBJECT TO CHANGE

A Sunbutter Sandwich –A Peanut Free Substitue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate or Low Fat White

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.