



Food Zone

October 2026 **PreK Lunch**

Monday	Tuesday	Wednesday	Thursday	Friday
			1 All Beef Cheeseburger With Baked French Fries Frozen Fruit Cup	2 WG Cheese Pizza Slice With Green Peas Garden Salad (Carrots and Cucumber) WG Chocolate Chip Cookie Diced Peaches
5 WG Chicken Nuggets With Brown Rice Seasoned Green Beans WG Corn Bread Apple Sauce Cup	6 Chicken & Waffles Popcorn Chicken Dutch Waffles w/ Powdered Sugar Seasoned Corn Fresh Orange Slices	7 All Beef Cheeseburger With BBQ Baked Beans Apple Slices	8 Salisbury Steak w/ Beef Gravy With Macaroni and Cheese Glazed Carrots Dinner Roll	9 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Diced Pears “Special Halloween RS Fruit Roll-Up”
12 Breakfast for Lunch Cinnamon Glazed French Toast Sticks With Hash Bown Potato Rounds Apple Sauce Cup 100 Calorie Pancake Syrup	13 Taco Tuesday Tortilla Shells Beef Taco Meat Shredded Cheese Black Beans Salsa and Sour Cream Fresh Oranges Slices	14 Chicken Alfredo Bow-Tie Pasta Fajita Chicken Seasoned Green Beans Dinner Roll Apple Slices	15 BBQ Beef Riblet Sandwich With Baked Onion Rings Frozen Fruit Cup	16 WG Cheese Pizza Slice With Glazed Carrots Garden Salad (Carrots and Cucumber) WG Chocolate Chip Cookie Diced Peaches
19 Chicken Quesadilla With Seasoned Corn Sour Cream and Salsa Apple Sauce Cup	22 Teriyaki Chicken Fajita Chicken With Spaghetti Noodles Seasoned Green Peas and Carrots Dinner Roll Fresh Orange Slices	21 WG Cheese Pizza Slice With Garden Salad (Carrots and Cucumber) Apple Slice	22 Records Day All Elementary Schools Closed	23 Records Day All Schools Closed
26 BBQ Beef Meatballs With Macaroni and Cheese WG Corn Bread Glazed Carrots Apple Sauce Cup	27 Taco Tuesday Tortilla Chip Beef Taco Meat Cheese Queso Black Beans Salsa and Sour Cream Fresh Oranges Slices	28 Chicken Tenders With Seasoned Green Beans Cheddar Goldfish Apple Slices	29 Tiger Bowl Popcorn Chicken Mashed Potato & Gravy Seasoned Corn Dinner Roll Frozen Fruit Cup	30 WG Cheese Pizza Slice With Green Peas Garden Salad (Carrots and Cucumber) Diced Pears “Special Halloween RS Fruit Roll-Up”
<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich	<u>2nd Entrée Option:</u> Cheese Bosco Sticks w/Marinara Sauce Cup	<u>2nd Entrée Option:</u> Turkey and Cheese Sandwich	<u>2nd Entrée Option:</u> Chicken Corn Dog	<u>2nd Entrée Option:</u> Soybutter and Jelly Sandwich

MENU SUBJECT TO CHANGE

*A Sunbutter Sandwich –A Peanut Free Subsittue made from Sunflower Seeds Served as Daily Choice
Milk is Offered with Every Meal! Choices Include: Low Fat White*

Lunch Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk.
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director.