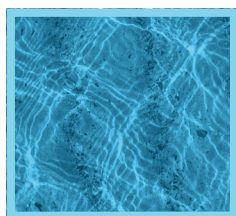




Health Horizons

Learning with purpose.
Creating healthier communities.



PARK TUDOR

Learning That Matters

What happens when students use what they learn to tackle questions that matter?

Launched with generous support from the Lilly Endowment, Inc., **Health Horizons** is a school-wide initiative that connects academic rigor to real-world challenges. Through project-based, inquiry-based, and experiential learning, students investigate meaningful questions, collaborate across disciplines, develop and test solutions, and communicate their thinking to authentic audiences.

The result is learning that feels purposeful—because students can see how what they learn connects to their lives, their communities, and their futures.



Why Public Health?

Public health gives students a powerful lens for understanding how the world works.

Questions about human health and community well-being naturally cross disciplines—connecting science, engineering, human behavior, environmental systems, communication, and civic decision-making.

Students can explore everything from environmental health and food systems to human performance, mental wellness, health equity, and climate resilience.

Along the way, they discover an important idea:

The challenges that shape healthy communities are interconnected—and solving them requires us to think across boundaries.

Skills for Whatever Comes Next

Across grade levels, Health Horizons intentionally develops five enduring skills:



CRITICAL THINKING

Ask meaningful questions. Analyze information. Make connections.



COMMUNICATION

Share ideas clearly and engage varied audiences.



COLLABORATION

Work with others to understand problems and build solutions.



CREATIVITY

Imagine possibilities, test ideas, and approach challenges in new ways.



RESILIENCE

Learn through challenge, iteration, and discovery.

Health Horizons in Action

Four experiences bring Health Horizons to life in 2026–2027.

Together, these experiences create more opportunities for students to explore meaningful questions, pursue their interests, and connect learning across disciplines.

1

JK–8 PROJECT-BASED LEARNING

One school. A progression of authentic challenges.

Every JK–8 student participates in a project-based learning experience centered on a developmentally appropriate public health theme.

Building on existing curriculum, students investigate meaningful questions, connect ideas across disciplines, and apply their knowledge to issues affecting people and communities.

Across the grades, students explore how health and well-being are shaped by relationships, environments, food systems, climate, and physical activity. Experiences grow in depth and sophistication as students do, building their understanding of the interconnected factors that shape healthy communities.



2

IMPACT LAB

Science in action.

In this elective for 7th and 8th graders, students explore the brain, body, and personal wellness; investigate public health and disease; examine environmental and social systems that shape health; and ultimately design a solution to a meaningful health challenge.

Students put their learning into practice by collecting and analyzing real data, collaborating on solutions, and communicating their thinking.

3

DISCOVERY WEEK

Time to go deeper.

During Discovery Week, Middle School students step outside the traditional schedule for an immersive, passion-driven learning experience.

Students choose interdisciplinary experiences in areas such as **engineering, cinema, nutrition, environmental science, storytelling, forestry, the arts, and sports science**—then spend sustained time exploring a question, challenge, or creative pursuit alongside faculty and community partners.

It is learning at a different frequency: **more time, new spaces, deeper exploration.**



4

THE SOCIAL INNOVATORS PROGRAM

From ideas to impact.

Schoolyard Ventures

In this 12-week virtual program, Upper School students identify meaningful problems, develop creative solutions, and explore how to turn their ideas into social impact ventures. Students connect with entrepreneurs and fellow high school students from across the country and earn a Certificate in Social Entrepreneurship from the University of Pennsylvania upon completion. Learn more at schoolyardventures.com/partnership.

Beyond the Classroom

Health Horizons connects students with local professionals, healthcare organizations, universities, businesses, and community partners.

Through expert mentorship, field experiences, feedback, and authentic design challenges, students encounter new perspectives—and new possibilities for how their learning can make a difference.



Dr. Andrew Kesner, a neuroscientist at Indiana University, visited Mr. Salatich's Impact Lab students to discuss habits—conscious and automatic—and how our brains relearn what to do.

The Horizon

We want students to leave school prepared not simply to understand a changing world, but to contribute to it.

Health Horizons empowers students to become:



Thoughtful collaborators.



Innovative problem-solvers.



Engaged contributors to healthier communities.

Through these experiences, students develop the knowledge and skills to make a difference in the world around them—while discovering their own potential and shaping their futures.

Interested in learning more or exploring ways to get involved? Please reach out.

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