

Third Grade Health Scope & Sequence

Last Updated June 2026

GBS Unit	Lesson & Activity	2023 Standards Alignment
Unit 1 Safe at Home, Safe Away	L01: Safety Sleuths L02: Emergency Planning to the Rescue P02: Who Are You Going to Call? L03: Take Action A20: Disaster!!! L04: Saying "No!" to Danger P04: Internet Safety Rule	3.SFA.2, 3.SFA.4 3.SFA.4 3.SFA.2, 3.SFA.1 3.SFA.5 3.SFA.2 3.SUB.3, 3.HRVP.5
Unit 2 The Better to See You With	L01: Your Eyes- How Do They Work? L02: What do we Really See? L03: Eye Problems	2.WHP.3 2.WHP.3, 3.FNP.6, TSEL Practice 3B 2.WHP.3, 3.WHP.5
Unit 4 Community Health	L03: Your Community-Keep it Clean	3.WHP.1, 3.WHP.7
Unit 5 I Like Your Attitude!	L01: Attitudes, Values, and Goals L02: How Attitudes Affect Your Actions L03: Improving Attitudes L04: Attitudes at Homes, at School, and in our Community A24: Good Friends	3.SEM.1, TSEL Practice 1B , 3.SEM.2, TSEL Practices 2B , 3.SEM.3 3.SFA.2, 3.SUB.3, 3.SFA.2, 3.SUB.3, 3.SEM.1, 3.SEM.5, 3.SEM.2, 3.SEM.3, TSEL Practices 2B , 3.HRVP.2, 3.HRVP.5 3.WHP.6, 3.SFA.2, 3.SEM.1, 3.SEM.2, 3.HRVP.1, 3.SEM.5, TSEL Practice 1B , TSEL Practice 3B , 3.SEM.3, 3.HRVP.2 3.HRVP.1, TSEL Practice 3B
Unit 6 My Family, Your Family	L01: <u>All About Families</u> L02: <u>Genes-What Are They and What They Do</u>	3.HRVP.2, 3.GD.5 3.GD.1, TSEL Practice 3B , 3.SEM.5, 3.HRVP.5, 3.GD.3, 3.GD.5
Unit 7 Saying NO to Smoking, Drinking, and Drugs	L01: Saying "No!" to Smoking, Drinking, and Drugs L02: Drugs and the Law L03: Addiction	3.SUB.1, 3.SUB.2, 3.SUB.3 3.SUB.2 3.SUB.1, 3.SUB.2, 3.SUB.4, 3.SEM.5
Unit 8 Things You Might Catch	L01: Being Sick L02: Fighting Diseases L03: Keeping Clean and Healthy	3.SFA.3, 3.WHP.5 3.WHP.2, 3.SFA.3, 3.WHP.5 3.WHP.3, 3.FNP.4
Unit 9 When Bodies Have Challenges	L01: Body Challenges L02: More About Physical Impairments L03: Different Ways of Learning	3.WHP.7, 3.HRVP.3, 3.GD.1 3.HRVP.3 3.GD.1, 3.HRVP.3
Unit 10 Finding Out About Bones	L03: The Health Benefits of Exercise L04: Exercise is Fun A07: My Teeth, Your Teeth	3.SEM.6 3.SEM.6 3.WHP.4
Families may opt their child out of the following Comprehensive Sexuality Education lessons.		
	L03: A Very Special Person-Me A11: Hormones and Reproductive Organs	3.WHP.6, 3.HRVP.1, 3.HRVP.2, 3.HRVP.3, 3.GD.1, TSEL Practice 3B 3.GD.2, 3.GD.3, 3.GD.4, 3.HRVP.5

Great Body Shop Key

U = Unit

L = Lesson

P = Portfolio

HC = Home Connection

A = Activity

Important Note: The majority of the health units and lessons listed here come from our adopted Great Body Shop health curriculum. When Instructional materials outside of The Great Body Shop are listed, they will be directly linked in the table for your viewing convenience. To preview the Great Body Shop Lessons, please look for the parent notification letter and instructions that will be sent to you by early January or contact your school's office directly for more information.

Unit 6 My Family, Your Family	A15: Identity Optional Read Aloud: <i>Jack Not Jackie</i> by Erica Silverman L04: Personal Safety Optional Read Aloud: Let's Talk About Body Boundaries, Consent & Respect by Janeen Sanders Optional Spanish Read Aloud: <i>¡No significa no!: Enseñándoles Límites Personales, Respeto y Consentimiento a Los Niños; Empoderandose Mediante El Respeto de Sus Decis</i> by Jayneen Sanders (TWI classes only)	3.HRVP.3, 3.GD.1, 3.GD.5 3.HRVP.3, 3.GD.1 3.SFA.2, 3.HRVP.2, 3.HRVP.4, 3.HRVP.5, 3.GD.2, 3.SRH.1, 3.SEM.5
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