

Second Grade Health Scope & Sequence

Last Update June 2026

GBS Unit	Lesson & Activity	2023 Standards Alignment
Unit 1 Let's Stay Safe	L01: Keep From Getting Hurt on the Street A01: Bike Safety Tips Replacement Lesson: Safe from Harm L02: Community Harm Prevention Rules and Laws P03: Internet Safety Rules	2.SFA.2 2.SFA.1 2.SFA.1, 2.SFA.2, 2SFA.5 2.SFA.2, 2.SFA.3, 2.SFA.5, 2.WHP.5, 2.WHP.6, 2.HRVP.1, 2.HRVP.4, 2.HRVP.5 2.SFA.5, 2.SFA.6
Unit 3 The Wide World of Foods	L01: Eat a Plate L02: Nutrients for Your Body L03: Have a Snack! HC03: Healthful Snacks, Please P03: Following Laws to Keep the Community Safe L04: The Importance of a Healthful Breakfast! A13: From Field to Market	2.FNP.2, 2.FNP.3, 2.FNP.4 2.WHP.1, 2.WHP.6, 2.FNP.3, 2.FNP.4, 2.FNP.5, 2.FNP.8 2.FNP.7, 2.WHP.5, 2.FNP.1 2.FNP.4 2.WHP.2, 2.FNP.2, 2.FNP.3, 2.FNP.6 2.FNP.1
Unit 4 Your Heart - Small but Strong	L02: How to Care for Your Heart L03: Heart Problems and Heart Helpers L04: Have a Heart P04: Resolving Conflicts Without Violence	2.WHP.4, 2.FNP.5 2.HRVP.5, 2.SUB.2, 2.FNP.5 2.HRVP.2, 2.HRVP.5, TSEL Practice 1C 2.SEM.2, 2.HRVP.7
Unit 5 When I Feel Afraid	L01: <u>Understanding and Coping with Common Fears</u> L02: <u>How Being Afraid Affect Your Body</u> L03: <u>Recognizing Real Dangers - When It's Smart to Be Afraid</u> HC03: <u>What Should I Do? Whom Should I Call?</u>	2.SEM.1, 2.SEM.3, TSEL Practice 1B 2.SEM.1, 2.SEM.3, TSEL Practice 1B 2.SFA.2, 2.SFA.3, 2.SFA.5, 2.WHP.5, 2.HRVP.6, 2.HRVP.7 2.HRVP.1
Unit 6 Babies... And How You Grew	L01: <u>Growing and Changing</u> L02: <u>Families</u>	2.GD.1 2. WHP.1, 2.GD.1, 2.GD.2
Unit 7 Drugs are Dangerous!	L01: Do You Know What Drugs Are? L02: Medicines Are Drugs, Too	2.SUB.1, 2.SUB.2 2. WHP.1, 2. WHP.2, 2.WHP.5, 2.WHP.6, 2.SUB.1, 2.SUB.3, 2.SUB.4, 2.SFA.2, 2.HRVP.1
Families may opt their child out of the following Comprehensive Sexuality Education lessons.		
Unit 6 Babies... And How You Grew	L04: I am Special Optional Read Aloud: <i>Sparkle Boy</i> by Leslea Newman Optional Spanish Read Aloud: <i>Soy Jazz</i> by Jessica Herthel and Jazz Jennings (TWI classes only)	2.HRVP.3, 2.HRVP.6, 2.SEM.2 2.HRVP.3, 2.HRVP.6, 2.SEM.2 2.HRVP.3, 2.HRVP.6, 2.SEM.2
Unit 5 <u>When I Feel Afraid with Erin's Law Lessons from Fightchildabuse.org</u>	L04: <u>Your Body is Private!</u> Erin's Law Lesson 1: The Protect Yourself Rules Erin's Law Lesson 2: It Doesn't Matter Who It Is Erin's Law Lesson 3: Stranger Safety	2.SFA.5, 2.HRVP.1, 2.HRVP.4, 2.HRVP.7, 2.HRVP.8 1.HRVP.5, 1.HRVP.6 1.HRVP.5, 1.HRVP.6 1.HRVP.5, 1.HRVP.6

Great Body Shop Key

U = Unit
L = Lesson
P = Portfolio

HC = Home Connection
A = Activity

Important Note: The majority of the health units and lessons listed here come from our adopted Great Body Shop health curriculum. When Instructional materials outside of The Great Body Shop are listed, they will be directly linked in the table for your viewing convenience. To preview the Great Body Shop Lessons, please look for the parent notification letter and instructions that will be sent to you by early January or contact your school's office directly for more information.