

Kindergarten Health Scope & Sequence

Last Updated June 2026

GBS Unit	Lesson & Activity	2023 Standards Alignment
Unit 1 How to Stay Safe	L01: Safety Rules - Safety Helpers P01: Safety Helpers L02: Safety At Home L03: Safety at Play L04: Safety in the Community	K.SFA.1, K.SFA.3, K.SFA.4, K.SEM.3, K.SFA.5 K.SFA.2, K.HRVP.6 K.SFA.2, K.SFA.4, K.SFA.5 K.SFA.1, K.SFA.2, K.SFA.3, K.SFA.4, K.HRVP.2, K.SEM.1, K.SEM.3, K.HRVP.4, K.HRVP.5, K.HRVP.7 K.SFA.1, K.SFA.2, K.SFA.4, K.SFA.5, K.HRVP.2
Tribal History/ Shared History	The Importance of First Foods	K.WHP.7, K.FNP.1, K.FNP.4
Unit 3 Healthful Food	L01: Food News for Life L02: Healthful or Less Healthful L03: Healthful Food Comes in Many Forms P03: Mind Your Manners	K.FNP.1, K.FNP.3, K.FNP.5, K.WHP.7 K.FNP.1, K.FNP.3, K.FNP.6, K.SEM.4 K.FNP.1, K.FNP.2, K.FNP.3, K.FNP.4, K.WHP.6 K.FNP.5
Unit 4 The Family Team	L01: What is a Family Optional Read Aloud: <i>Families</i> by Shelley Rotner and Sheila M. Kelly L02: See How Families Grow and Change L03: Family Rules and Jobs P03: Using Peaceful Methods to Resolve Conflicts L04: Families and Community	K.GD.1, K.HRVP.1 K.GD.2, K.SEM.3, K.GD.2 K.SFA.4, K.WHP.6 K.HRVP.2, K.GD.1 K.SFA.2, K.HRVP.1
Unit 5 My Body is Special	L01: All Bodies Are Different L03: Taking Care of My Body	K.GD.2 K.WHP.4, K.SEM.3, K.SEM.4
Unit 6 Going to the Doctor and Dentist	L01: Your Doctor or Dentist L03: Taking Care of Teeth L04: Making Healthful Decisions	K.SFA.2, K.SFA.3, K.WHP.5, K.HRVP.6 K.WHP.3, K.SEM.4 K.WHP.4, K.FNP.6, K.SEM.4
Unit 7 My Great Body!	L02: What is Medicine? L03: Stay Away from Dangerous Substances	K.SUB.1, K.SUB.3 K.SUB.2
Unit 8 Getting Sick	L01: What Does it Mean to be Healthy? L02: What does it mean to be sick?	K.SEM.2, K.SEM.4 K.WHP.2
Families may opt their child out of the following Comprehensive Sexuality Education lessons.		
Erin's Law Lessons from Fightchildabuse.org	Erin's Law Lesson 1: The Protect Yourself Rules Erin's Law Lesson 2: It Doesn't Matter Who It Is Erin's Law Lesson 3: Stranger Safety Erin's Law Lesson 4: Know When to Tell	1.HRVP.5, 1.HRVP.6 1.HRVP.5, 1.HRVP.6 1.HRVP.5, 1.HRVP.6 1.HRVP.5, 1.HRVP.6
Unit 5 My Body is Special	L02: I am Special* L04: Safe Touch and Unsafe Touch*	K.HRVP.3, K.GD.2 K.SFA.2, K.SFA.3, K.SFA.4, K.SEM.3, K.HRVP.2, K.HRVP.4, K.HRVP.5, K.HRVP.6, K.HRVP.7, K.HRVP.8, K.HRVP.9, K.GD.3

Great Body Shop Key

U = Unit
L = Lesson
P = Portfolio
HC = Home Connection
A = Activity

Important Note: The majority of the health units and lessons listed here come from our adopted Great Body Shop health curriculum. When instructional materials outside of The Great Body Shop are listed, they will be directly linked in the table for your viewing convenience. To preview the Great Body Shop Lessons, please look for the parent notification letter and instructions that will be sent to you by early January or contact your school's office directly for more information.