

TUSTIN PUBLIC SCHOOLS FOUNDATION – AFTER SCHOOL SPORTS - Cross Country

September 22nd - November 1st

See Coach Madrid (jmadrid@tustin.k12.ca.us) or Coach Martin for any Questions

Week 1	Tuesday 9/22, Informational meeting Thursday 9/24, Practice	Zoom @ 3:00pm 2:45PM - 4:00PM
Week 2	Tuesday 9/29 & Thursday 10/1 Practice: 3 hours per week	2:45 PM - 4:00 PM
Week 3	Scrimmage #1 <u>Tuesday, October 6th @ Sycamore</u> ----- Practice Thursday 10/8	Games Start 3:40 PM - 5:10 PM ----- 2:45PM - 4:00PM
Week 4	Tuesday 10/13 & Thursday 10/15 Practice: 3 hours per week	2:45 PM - 4:00 PM
Week 5	No Practice ----- Scrimmage #2 <u>Thursday, October 22nd @ Legacy</u>	----- Games Start 3:40 PM - 5:10 PM
Week 6	Tuesday 10/27 & Thursday 10/29 ----- Dino Dash - SUNDAY 11/1 Meet @ PetSmart	2:45 PM - 4:00 PM ----- Meet @ 7:30 AM Race starts @ 8:20AM

Permission Slips and Donations are due by Thursday, 10/1

****A \$50 donation is requested to participate. Dino Dash Entry INCLUDED with fee****