

2022 OCTOBER 2022



AHS, AMS, BES, JNES, ARS BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Free Breakfast & \$2.75 Lunch Daily Fruit & Milk Offered Daily Renaissance Breakfast: Grab & Go 2oz Cereal, Muffin, Donut, or Pop Tart Meal offered Daily Grab & Go 2oz Cereal Cup Meal and/or Muffin or Donut Meal and/or 2 Pop Tarts Meal offered daily Free Student After-School Snacks available at AES, BES, CES JNES & AIS				Free Breakfast Includes: 1-2oz Meat/Grain 1/2c Fruit and/or Veggie and/or 1/2c 100% Juice Milk HARVEST OF THE MONTH: APPLES		1 Waffles with Sausage Link Fruit 100% Fruit Juice Milk		2 Breakfast Bagel Pizza or Chicken Biscuit Fruit 100% Fruit Juice Milk	
5 FALL BREAK		6 FALL BREAK		7 FALL BREAK		8 FALL BREAK		9 FALL BREAK	
12 Steak Biscuit or Chicken Biscuit Fruit 100% Fruit Juice Milk		13 Mini Cinnis or Breakfast Burrito Fruit 100% Fruit Juice Milk		14 Sausage Biscuit Fruit 100% Fruit Juice Milk		15 French Toast with Sausage Link Fruit 100% Fruit Juice Milk		16 Breakfast Bagel Pizza or Chicken Biscuit Fruit 100% Fruit Juice Milk	
19 Steak Biscuit or Chicken Biscuit Fruit 100% Fruit Juice Milk		20 Honey Bun or Breakfast Burrito Fruit 100% Fruit Juice Milk		21 Sausage Biscuit Fruit 100% Fruit Juice Milk		22 Pancakes with Sausage Link Fruit 100% Fruit Juice Milk		23 Breakfast Bagel Pizza or Chicken Biscuit Fruit 100% Fruit Juice Milk	
26 Steak Biscuit or Chicken Biscuit Fruit 100% Fruit Juice Milk		27 Mini Cinnis or Breakfast Burrito Fruit 100% Fruit Juice Milk		28 Sausage Biscuit Fruit 100% Fruit Juice Milk		29 French Toast with Sausage Link Fruit 100% Fruit Juice Milk		30 Breakfast Bagel Pizza or Chicken Biscuit Fruit 100% Fruit Juice	