# OCTOBER 2026

## HAPPY VALLEY UNION SCHOOL DISTRICT

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | 1<br>BREAKFAST<br>**BREAKFAST BURRITO**<br>LUNCH<br>**FIESTA PASTA, GREEN BEANS, ROLL & FRUIT** | 2<br>BREAKFAST<br>**PANCAKES**<br>LUNCH<br>**CHEESE PIZZA, MIXED SALAD, CARROTS & FRUIT** |
| 5<br>BREAKFAST<br>**BREAKFAST SANDWICH**<br>LUNCH<br>**MAC & CHEESE PEAS, MIXED SALAD & FRUIT** | 6<br>BREAKFAST<br>**CIN. TOAST & YOGURT**<br>LUNCH<br>**TOSTADA BOWL REFRIED BEANS, CARROTS, SALSA & FRUIT** | 7<br>BREAKFAST<br>**EGGS & TOAST**<br>LUNCH<br>**SPAGHETTI GREEN BEANS, ROLL & FRUIT** | 8<br>BREAKFAST<br>**BAGEL & C. CHEESE**<br>LUNCH<br>**MEXI MELT MIXED VEGGIES, SALSA & FRUIT** | 9<br>BREAKFAST<br>**MUFFIN & CHEESE STICK**<br>LUNCH<br>**CARNITAS RICE BOWL CORN, SALSA & FRUIT** |
| 12<br>BREAKFAST<br>**BREAKFAST CASSEROLE**<br>LUNCH<br>**BBQ CHICKEN SANDWICH BAKED BEANS, TOTS & FRUIT** | 13<br>BREAKFAST<br>**WAFFLE & YOGURT**<br>LUNCH<br>**CHEESE QUESADILLA CORN, SALSA & FRUIT** | 14<br>BREAKFAST<br>**CINNAMON ROLL**<br>LUNCH<br>**DELI SANDWICH CARROTS, LETTUCE, SUN CHIPS & FRUIT** | 15<br>BREAKFAST<br>**BREAKFAST PIZZA**<br>LUNCH<br>**HAM & CHEESE MELT MIXED VEGGIES, TOTS & FRUIT** | 16<br>BREAKFAST<br>**PANCAKES**<br>LUNCH<br>**BEEF SOFT TACO LETTUCE, SALSA & FRUIT** |
| 19<br>BREAKFAST<br>**BREAKFAST SANDWICH**<br>LUNCH<br>**BEAN & CHEESE BURRITO CARROTS, SALSA & FRUIT** | 20<br>BREAKFAST<br>**CIN. TOAST & YOGURT**<br>LUNCH<br>**ENCHILADA CASSEROLE, CORN & FRUIT** | 21<br>BREAKFAST<br>**EGGS & TOAST**<br>LUNCH<br>**GRILLED CHEESE & TOMATO SOUP MIXED SALAD & FRUIT** | 22<br>BREAKFAST<br>**BAGEL & C. CHEESE**<br>LUNCH<br>**PULLED PORK SANDWICH TOTS, GREEN BEANS, & FRUIT** | 23<br>BREAKFAST<br>**MUFFIN & CHEESE STICK**<br>LUNCH<br>**CHICKEN TERYAKI RICE BOWL PEAS, CARROTS & FRUIT** |
| 26<br>BREAKFAST<br>**BREAKFAST CASSEROLE**<br>LUNCH<br>**DELI SANDWICH CARROTS, LETTUCE, SUN CHIPS & FRUIT** | 27<br>BREAKFAST<br>**WAFFLE & YOGURT**<br>LUNCH<br>**CRUNCHY CARNITAS TACOS LETTUCE, CORN, SALSA & FRUIT** | 28<br>BREAKFAST<br>**CINNAMON ROLL**<br>LUNCH<br>**CHEESY WHITE CHICKEN CHILI, PEAS, CARROTS, DINNER ROLL & FRUIT** | 29<br>BREAKFAST<br>**BREAKFAST PIZZA**<br>LUNCH<br>**EGG & CHEESE MUFFIN TOTS, MIXED VEGGIES & FRUIT** | 30<br>BREAKFAST<br>**PANCAKES**<br>LUNCH<br>**CHICKEN NUGGETS, GREEN BEANS, FRIES & FRUIT CUP** |

TO PROVIDE YOUR CHILDREN WITH THE FRESHEST FRUITS AND VEGETABLES. THE DAILY OFFERINGS OF THESE ITEMS WILL DEPEND ON WHAT IS AVALIABLE IN SEASON.SALAD BAR IS OFFERED DAILY. ALL BREAKFAST INCLUDE 1-2- OZ. GRAINS, 1 CUP FRUIT, & 1 CUP MILK- ALL BREAKFASTS INCLUDE OPTIONAL CEREAL & CRACKER. LUNCH INCLUDES 1-2 OZ. MEAT/MEAT ALTERNATIVE, 3/4CUPS VEGETABLES, ½ CUP FRUIT & 1 CUP MILK. THE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE. HAPPY VALLEY UNION SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER. STUDENT MEALS PROVIDES AT NO CHARGE.
ADULT BREAKFAST $5.25- ADULT LUNCH $6.50