

**First lunch Free  
2nd Lunch \$2.75**

Lunch include Whole Grain, Meat/Meat Alternate, Vegetables, Fresh Fruit, 100% Fruit Juice and Choice of Milk.

**Cold Lunch Alternates:**

**Week 10/05 - 10/9**

**10/26- 10/30**

Charcuterie Plate (Crackers, Cheddar & Mozzarella Cheese, Turkey and Apple Slices) or Chicken Caesar Salad with Croutons and Breadstick

**Week 10/12- 10/16**

**Week 9/28 - 10/2**

Turkey and Cheese Sandwich or Blueberry Parfait

**Week 10/19 - 10/23**

Bagel Plate (Yogurt, Whole Grain Bagel & Cream Cheese) or Hummus Plate (Hummus, Pretzel, Cucumber or Carrot Sticks)

**Available Daily**

Sun Butter & Jelly Sandwich

**Students may select any available fruit and vegetable regardless of meal choice**



**October 2026**

**Daniel Warren & F.E. Bellows**

**Lunch Menu**

| MON                                                                                              | TUES                                                                                                           | WED                                                                                                | THURS                                                                                                     | FRI                                                                                                                                                                               |
|--------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                |                                                                                                                |                                                                                                    | <div>1</div> <div>Pasta with Beef Meatballs<br/>Roasted Broccoli<br/>Carrot Sticks</div>                  | <div>2</div> <div>Cheese Pizza<br/>Roasted Corn<br/>Garden Salad</div> <div>  </div>           |
| <div>5</div> <div>Chicken Patty Sandwich<br/>Mix Vegetables<br/>Celery Sticks</div>              | <div>6</div> <div>Whole Grain Waffles<br/>Scrambled Eggs<br/>Hash Browns<br/>Cucumber Smiles</div>             | <div>7</div> <div>Cheesy Breadsticks<br/>Steamed String Beans<br/>Tomato Salad</div>               | <div>8</div> <div>Beef Nacho with Brown Rice<br/>Black Beans<br/>Pepper Strips</div>                      | <div>9</div> <div>Cheese Pizza<br/>Roasted Broccoli<br/>Garden Salad</div> <div>  </div>       |
| <div>12</div> <div>COLUMBUS DAY<br/>SCHOOL<br/>CLOSED</div>                                      | <div>13</div> <div>Whole Grain French Toast Sticks<br/>Scrambled Eggs<br/>Tater Tots<br/>Sliced Cucumber</div> | <div>14</div> <div>Popcorn Chicken<br/>Mashed Potato Bowl<br/>Sweet Corn<br/>Zucchini Sticks</div> | <div>15</div> <div>Mac and Cheese with Breadstick<br/>Roasted Broccoli<br/>Three Bean Salad</div>         | <div>16</div> <div>Cheese Pizza<br/>Roasted Broccoli<br/>Garden Salad</div> <div>  </div>    |
| <div>19</div> <div>Chicken Nuggets<br/>Dinner Roll<br/>Sweet Potato Fries<br/>Tomato Salad</div> | <div>20</div> <div>Whole Grain Fluffy Pancakes<br/>Scrambled Eggs<br/>Hash Browns<br/>Baby Carrots</div>       | <div>21</div> <div>Cheese Crunchers with Marinara Sauce<br/>French Fries<br/>Celery Sticks</div>   | <div>22</div> <div>Hamburger or Cheeseburger<br/>Vegetarian<br/>Baked Beans<br/>Pepper Strips</div>       | <div>23</div> <div>Cheese Pizza<br/>Roasted Broccoli<br/>Garden Salad</div> <div>  </div>    |
| <div>26</div> <div>Chicken Tenders with Brown Rice<br/>Roasted Carrots<br/>Cucumber Slices</div> | <div>27</div> <div>Whole Grain Waffles<br/>Scrambled Eggs<br/>Tater Tots<br/>Sliced Cucumber</div>             | <div>28</div> <div>Cheddar Cheese Quesadilla<br/>Charro Black Beans<br/>Spinach Salad</div>        | <div>29</div> <div>Crispy Chicken<br/>Parm Sandwich<br/>Roasted Brussel Sprouts<br/>Fresh Snap Peas</div> | <div>30</div> <div>Cheese Pizza<br/>Roasted Cauliflower<br/>Garden Salad</div> <div>  </div> |

**Menus are subject to change.**

**Rotating Seasonal Fresh Vegetable Selection**  
Broccoli, Brussel Sprouts, Cabbage and Winter Squash

**Rotating Seasonal Fresh Fruit Selection**  
Apple, Pears and Grapes

Need to add money to you child account  
Log into <http://myschoolbucks.com>  
Or Pay Cash or check made out o Rye Neck UFSD Lunch

If you would like to view menu item nutritional information, please navigate to the following site and choose the proper building and click "Today's Lunch" and change view to "Weekly"  
[Rye Neck UFSD Dining - Rye Neck UFSD Dining](http://RyeNeckUFSD.Dining)



This institution is an equal opportunity provider.

