

What's on the Menu?

Staples High School Lunch Menu October 1-2

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

**Chicken Or Cheese
Quesadilla**
Seasoned Rice
Corn

Baked Ziti
Seasoned Spinach
Garlic Bread

grilled

**Build Your
Own Burger**
Classic American
Cheeseburger

Turkey Club
Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

BYO Stir Fry

BYO Stir Fry

BYO Stir Fry

BYO Stir Fry

BYO Stir Fry



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch October 5-9

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Pasta w/ Marinara
Meatballs
Green Beans



Menu Item

Taco Tuesday!

Beef Tacos
Cilantro Lime Rice
Sweet Plantains

Menu Items

French Chicken Thighs
Seasoned Rice
Broccoli



Menu Items

**BBQ Pulled Chicken
or Pulled Pork
Sandwich**
Onion Rings



Menu Items

**Loaded Baked
Potato**
Cheese Sauce
Roasted Broccoli



grilled

Grilled Ham & Cheese

Classic American
Cheeseburger

Seasoned Fries

**October Fest
Bratwurst/Cabbage**

Classic American
Cheeseburger

Seasoned Fries

**Buffalo Chicken
Sandwich**

Classic American
Cheeseburger

Seasoned Fries

BLT Sandwich

Classic American
Cheeseburger

Seasoned Fries

Sloppy Joes

Classic American
Cheeseburger

Seasoned Fries



**Old World Style
Classic Cheese Pizza**



**Traditional Italian
Pepperoni Pizza**

**Old World Style
Classic Cheese Pizza**



**Traditional Italian
Pepperoni Pizza**

**Old World Style
Classic Cheese Pizza**



**Traditional Italian
Pepperoni Pizza**

**Old World Style
Classic Cheese Pizza**



**Traditional Italian
Pepperoni Pizza**

**Old World Style
Classic Cheese Pizza**



**Traditional Italian
Pepperoni Pizza**



By the oz. Bar

Wing Bar

By the oz. Bar

Wing Bar

By the oz. Bar

Wing Bar

By the oz. Bar

Wing Bar

By the oz. Bar

Wing Bar



Vegan



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu October 12-16

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Orange Chicken
Seasoned Rice
Broccoli

Menu Items

BYO Breakfast
Scrambled Eggs
Sausage
Waffles
French Toast

Menu Items

Cajun Chicken Thighs
Sweet Potato Fries
Mixed Veggies

Menu Items

BYO Rice Bowl
Chicken or Beef
Stir Fry Vegetables

Menu Items

Early Release
PD Day



grilled

Turkey Bacon
Ranch Wrap

Classic American
Cheeseburger

Seasoned Fries

Meatball Sub

Classic American
Cheeseburger

Seasoned Fries

Caprese Panini

Classic American
Cheeseburger

Seasoned Fries

Chicken & Waffles

Classic American
Cheeseburger

Seasoned Fries

Classic American
Cheeseburger

Seasoned Fries



Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Revolution Noodle



Revolution Noodle



Revolution Noodle



Revolution Noodle



Vegan



Vegetarian



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What's on the Menu?

Staples School Lunch Menu October 19-23

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Sloppy Joes
Curly Fries
Green Beans



Menu Items

Beef or Chicken Nachos
Black Bean & Corn Salsa



Menu Items

BBQ Chicken Thighs
Sweet Potato Fries
Black Beans

General Tso's Chicken
Seasoned Rice
Stir Fry Veggies

Menu Items

Build Your Own Burger
Onion Rings
Seasoned Corn



grilled

Bacon, Tomato Provolone Grilled Cheese
Classic American Cheeseburger
Seasoned Fries

Turkey Club
Classic American Cheeseburger
Seasoned Fries

Caprese Panini
Classic American Cheeseburger
Seasoned Fries



BBQ Riblet Sandwich
Classic American Cheeseburger
Seasoned Fries

Nashville Hot Chicken Sandwich
Classic American Cheeseburger
Seasoned Fries



Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza

Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza

Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza

Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza

Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza



By the oz. Station
BYO
Pasta Bar



By the oz. Station
BYO
Pasta Bar



By the oz. Station
BYO
Pasta Bar



By the oz. Station
BYO
Pasta Bar



By the oz. Station
BYO
Pasta Bar



Vegan



Vegetarian



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What's on the Menu?

Staples School Lunch Menu October 26-30

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

**Penne Pasta
Meatballs
Marinara Sauce
Green Beans**



Menu Items

**Beef or Chicken
Lo Mein
Tofu
Garlic Edamame**



Menu Items

**Jerk Chicken Thighs
Seasoned Rice
Plantains**

Menu Items

**Greek Chicken Or
Beef Pita
Tomato Cucumber
Salad
Tzatziki**



Menu Items

**Baked Ziti
Broccoli
Garlic Bread**



grilled

**Turkey Bacon
Ranch Wrap**

**Chicken Chipotle
& Pickle Sandwich**

Chicken Caesar Wrap

Hot Italian Combo

Chicken Parm Grinder

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

**Mashed Potato Bowl
Bar**

**Mashed Potato Bowl
Bar**

**Mashed Potato Bowl
Bar**

**Mashed Potato Bowl
Bar**

**Mashed Potato Bowl
Bar**



Vegan



Vegetarian



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