

Lunch Menu

Killingly Memorial Elementary

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

October 2026

Monday

Tuesday

Wednesday

Thursday

Friday

CT Grown for CT Kids Week

October 5-9, 2026 • K-5 Lunch Menu

"Grown Here. Served Here. Loved Here!"

Celebrating Connecticut farms and the fresh foods grown right in our state

1 Whole Grain Pancakes with Sausage Hash Brown Potatoes Syrup Strawberries

2 Classic Cheese Pizza Garden Salad Pear and Pineapple Cup

Alternate Lunch: Yogurt Fun Lunch

5 Cheesy Stuffed Bread Sticks Tomato Sauce Green Beans

6 Crispy Chicken Sandwich Oven Baked Fries Baked Beans Sweet Corn

7 Homemade Chicken & Broccoli Alfredo Whole Wheat Dinner Roll Fresh Pear

8 Homemade Shepherd's Pie Watermelon Slices

9 Classic Cheese Pizza Garden Salad Applesauce

Alternate Lunch: Garden Salad with Chicken

National School Lunch Week STEP RIGHT UP!

The Greatest Lunch on Earth! Circus Week Menu October 13-16th

13 Big Top Cheeseburger Smile Fries Green Beans

14 Corn Dog Carnival Mashed Potatoes Baked Beans

15 Taco Spectacular Corn Shredded Lettuce and Tomato

16 Ringmaster's Pizza Party Caesar Salad Apples

Alternate Lunch: Sun Butter and Jelly

19 Chicken Nugget & Mozzarella Stick Combo Cauliflower Pineapple Cup Tomato Sauce

20 Meatball Hero Oven Baked Fries Baked Beans

21 Homemade Pasta & Meatballs Steamed Broccoli Whole Wheat Dinner Roll

22 French Toast Crispy Turkey Sausage Links Crispy Potato Puffs Syrup Applesauce

23 Classic Cheese Pizza Garden Salad Diced Pear Cup

Alternate Lunch: Waffle Bites

Early Release

26 Grilled Cheese Sandwich Meltdown Café Tomato Soup Green Beans

27 Chicken Bowl with Gravy Mixed Vegetables

28 Homemade Mac & Cheese Steamed Broccoli Whole Wheat Dinner Roll

29 Whole Grain Waffles with Sausage Sliced Peaches Syrup

IT'S STUDENT APPRECIATION DAY

30 Classic Cheese Pizza Caesar Salad Fresh Apple

Alternate Lunch: Simply Boxed Yogurt Fun Lunch

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.



Lunch Price

Paid: \$3.50

Reduced: FREE

A la Carte Milk: \$.50

ALL STUDENT LUNCH INCLUDE CHOICE OF

1% Milk or Low-Fat Chocolate Milk with a Vegetable Choice and or Fruit Choice Daily Fruits offerings: Apples, Bananas, Oranges, half cup of assorted canned fruit.

Assorted Condiments Available