

Breakfast Menu

Pre-K Menu

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



5 Chocolate Chip Muffin Apple Slices 1% Milk

6 Red. Sugar Cinnamon Toast Crunch Cereal With Cinnamon Bug Bite Graham Crackers Fresh Banana 1% Milk

7 Sausage and Cheese Sandwich Apple Slices 1% Milk

8 Cheerios Cereal With Cinnamon Bug Bite Graham Crackers Fresh Banana 1% Milk

9 WW Bagel With Cream Cheese Fresh Strawberries 1% Milk

12 SCHOOL CLOSED TODAY

13 Red. Sugar Cinnamon Toast Crunch Cereal With Cinnamon Bug Bite Graham Crackers Sliced Oranges 1% Milk

14 Chocolate Chip Muffin Fresh Banana 1% Milk

15 WW Bagel With Cream Cheese Sliced Oranges 1% Milk

16 Fruity Granola Parfait Apple Slices 1% Milk

19 Cheerios Cereal With Cinnamon Bug Bite Graham Crackers Fresh Banana 1% Milk

20 Mini French Toast Sliced Oranges 1% Milk

21 Egg and Cheese Sandwich 1% Milk Apple Slices

22 Mini Confetti Pancakes Apple Slices 1% Milk

23 WW Bagel With Cream Cheese Fresh Banana 1% Milk

26 Mini French Toast Sliced Oranges 1% Milk

27 Chocolate Chip Muffin Fresh Banana 1% Milk

28 Fruity Granola Parfait Strawberries 1% Milk

29 WW Bagel With Cream Cheese Apple Slices 1% Milk

30 Mini Blueberry Bash Waffles Strawberries 1% Milk

All Students can receive one NO COST breakfast and lunch meal daily in school year 2026-2027.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



1% milk served with all meals

Breakfast includes
2 grains or 1 grain and
1 meat/meat alternate
Assorted Fruits, 100% Juice
1% white milk
Assorted Condiments Available

