

**SAN JOSE UNIFIED SCHOOL DISTRICT
MIDDLE AND HIGH SCHOOL - BREAKFAST
October 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
			No School ¹	No School ²
⁵ Ham & Cheese Croissant Breakfast Bun Cereal Choice and Graham Cracker	⁶ Scrambled Eggs & Chicken Sausage with Toast and Salsa Pan Dulce (Concha) Cereal Choice and Graham Cracker	⁷ Fresh Baked Scone Bagel & Cream Cheese Cereal Choice and Graham Cracker	⁸ Breakfast Pizza Pan Dulce (Concha) Cereal Choice and Graham Cracker	⁹ Breakfast in a Bun (Egg & Cheese) Breakfast Bun Cereal Choice and Graham Cracker
¹² Ham & Cheese Croissant Breakfast Bun Cereal Choice and Graham Cracker	¹³ Scrambled Eggs & Chicken Sausage with Toast and Salsa Pan Dulce (Concha) Cereal Choice and Graham Cracker	¹⁴ Fresh Baked Scone Bagel & Cream Cheese Cereal Choice and Graham Cracker	¹⁵ French Toast & Sausage Pan Dulce (Concha) Cereal Choice and Graham Cracker	¹⁶ Breakfast in a Bun (Egg & Cheese) Breakfast Bun Cereal Choice and Graham Cracker
¹⁹ Ham & Cheese Croissant Breakfast Bun Cereal Choice and Graham Cracker	²⁰ Scrambled Eggs & Chicken Sausage with Toast and Salsa Pan Dulce (Concha) Cereal Choice and Graham Cracker	²¹ Fresh Baked Scone Bagel & Cream Cheese Cereal Choice and Graham Cracker	²² Breakfast Pizza Pan Dulce (Concha) Cereal Choice and Graham Cracker	²³ Breakfast in a Bun (Egg & Cheese) Breakfast Bun Cereal Choice and Graham Cracker
²⁶ Ham & Cheese Croissant Breakfast Bun Cereal Choice and Graham Cracker	²⁷ Scrambled Eggs & Chicken Sausage with Toast and Salsa Pan Dulce (Concha) Cereal Choice and Graham Cracker	²⁸ Fresh Baked Scone Bagel & Cream Cheese Cereal Choice and Graham Cracker	²⁹ French Toast & Sausage Pan Dulce (Concha) Cereal Choice and Graham Cracker	³⁰ Breakfast in a Bun (Egg & Cheese) Breakfast Bun Cereal Choice and Graham Cracker

This institution is an equal opportunity provider. Milk and fruit offered with all meals