

Newfield High School

Welcome to our
Lunch Cafe

10/01/2026 - 10/02/2026

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday

2026-2027



Available daily: Carrots, Cucumbers, Side Salads, Apples, Oranges, Cupped Fruit and 100% Fruit Juice



Chicken Nuggets
crispy breaded chicken
nuggets perfect for
dipping in your favorite
sauce
Whole Wheat Dinner
Roll 🌻

Crispy Potato Puffs
crisp potato puffs baked
to perfection 🌻
Caesar Salad 🍏
Fresh Apple 🍏
Fresh Orange 🍊

Chicken Parmesan
Over Pasta
oven baked chicken
topped with sauce and
melted cheese, all over
pasta 🍝

Steamed Broccoli
Celery & Carrot
Sticks w/ Low Fat
Dressing 🍏
Fresh Orange 🍊
Fresh Banana 🍌

American Combo
Sandwich
freshly made sandwich
with thinly sliced turkey,
ham and cheese P

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola 🌻 🍏 🍌 🍌

Whole wheat dinner roll and your choice of fruit and milk

Tuna Salad
Sandwich
freshly made sandwich
topped with creamy tuna
salad 🍏 🍌

Buffalo Chicken
Wrap
warm chicken marinated
in Buffalo sauce wrapped
in a tortilla with lettuce
and tomato 🍏

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable toppings

**2026-2027 Free Breakfast and
Lunch Meals for Students, ONE of
each per school day!**

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken

Cheeseburger
burger topped with
cheese on a freshly
toasted bun 🍌

Grilled Cheese
Sandwich Meltdown
Café
golden toasted bread
with melted gooey
cheese pressed and
prepared in-house 🌻

French Bread Pizza
crispy French bread
smothered with tomato
sauce and melted
cheese 🌻

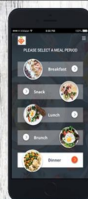
Meatball Pizza
meatballs over a cheesy
slice of pizza 🌻

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough

Ranch & Chicken
Quesadilla
homemade fiesta
chicken, mozzarella and
ranch dressing melted
into a warm tortilla 🍌

Nachos with Cheese
creamy cheese layered
over a bed of nachos 🌻

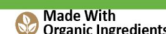
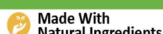
Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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Newfield High School

Welcome to our
Lunch Cafe

10/05/2026 - 10/09/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🌱
Tomato Sauce

General Tso Chicken Noodle Bowl
freshly baked chicken in a soy ginger sauce with vegetables over noodles

Tot Spot's Philly Tater Tots
crispy tater tots topped with beef, peppers and onions and creamy cheese sauce 🍌 🍌

BBQ Chicken Sauce & Toss
popcorn chicken glazed with BBQ sauce
French Bread

Meatball Hero
freshly baked meatballs mixed in a rich tomato sauce inside a soft roll topped with melted mozzarella

National Noodle Day! 🍜 🍜



Oven Baked Fries
crispy fries baked to perfection
Celery Sticks
Fresh Orange 🍊
Fresh Banana 🍌

Steamed Broccoli Side Garden Salad
Fresh Banana 🍌
Fresh Apple

Green Beans Beet and Onion Salad 🍌
Fresh Orange 🍊
Fresh Pear



Crispy Potato Puffs
crisp potato puffs baked to perfection 🍌
Cucumber Coins
Fresh Apple
Fresh Banana 🍌

Baked Beans Side Garden Salad
Fresh Strawberries 🍓
Fresh Orange 🍊



Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱 🍌

Turkey & Cheese Sandwich
freshly made and thinly sliced turkey and cheese sandwich

Very Berry Smoothie
freshly blended mix of berries with yogurt 🍓
With Pretzel

Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich P

American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus Wrap Halal
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🍌

Chicken Caesar Wrap
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍌 🍌

Tuna Salad Sandwich
freshly made sandwich topped with creamy tuna salad 🍌 🍌

Spicy Buffalo Chickpea Wrap
freshly roasted chickpeas coated in hot sauce with freshly seasoned lettuce, tomatoes and onions in a soft wrap 🌱 🍌 🍌

Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich P

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

NY Beef Burger
beef burger on a freshly toasted bun 🍌

Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱

Cheeseburger
burger topped with cheese on a freshly toasted bun 🍌

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



Pizza Bagel
melted cheese and tomato sauce on a toasted bagel, baked to perfection 🌱 🍌

Pepperoni Pizza
cheese pizza topped with pepperoni 🍌 🍌

French Bread Pizza
crispy French bread smothered with tomato sauce and melted cheese 🌱

Meatball Pizza
meatballs over a cheesy slice of pizza 🍌

Broccoli Pizza
cheese pizza topped with broccoli 🌱 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Nachos with Cheese
creamy cheese layered over a bed of nachos 🌱

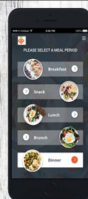
Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese 🍌

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese 🍌 🍌 🍌

Soft Tacos
freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell

Cheese Quesadilla
freshly grilled flour tortilla with melted cheese 🌱

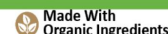
Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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Newfield High School

Welcome to our
Lunch Cafe

10/12/2026 - 10/16/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Mac & Cheese
pasta in cheese sauce,
garnished with parsley
🌱 🍴

Chicken Lo Mein
tender chicken sauteed
with vegetables and lo
mein noodles 🍴

Chicken Nuggets
crispy breaded chicken
nuggets perfect for
dipping in your favorite
sauce 🍴
Dinner Rolls

Smokehouse Burger
burger on a freshly
toasted bun with BBQ
sauce 🍴



Steamed Broccoli
Beets
Fresh Grapes
Fresh Pear



Green Beans
Oven Baked Fries
Fresh Apple
Fresh Pear

Sweet Potato Fries
crispy sweet potato fries
baked to perfection 🍴
Celery Sticks
With Ranch Dressing
Fresh Strawberries
Fresh Banana 🍌

Baked Beans
Oven Baked Fries
Fresh Strawberries
Fresh Orange 🍊



Garden Salad with
Cheese Entree
fresh garden salad
topped with cheese 🌱

American Combo
Sandwich
freshly made sandwich
with thinly sliced turkey,
ham and cheese P

Veggabol Fiesta Rice
and Beans Bowl
steamed rice over
seasoned black beans,
corn and salsa topped
with fresh lettuce, onions,
peppers and cilantro 🌱

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola 🍌 🍴 🍌 🍌

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Chicken Caesar
Wrap
freshly made tortilla wrap
filled with sliced chicken,
crisp lettuce, and cheese
topped with low-fat
Caesar dressing 🍴 🍌

Tuna Salad
Sandwich
freshly made sandwich
topped with creamy tuna
salad 🍴 🍌

Buffalo Chicken
Wrap
warm chicken marinated
in Buffalo sauce wrapped
in a tortilla with lettuce
and tomato 🍴

Turkey & Cheese
Sandwich
freshly made and thinly
sliced turkey and cheese
sandwich

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



NY Beef Burger
beef burger on a freshly
toasted bun 🍴

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Cheeseburger
burger topped with
cheese on a freshly
toasted bun 🍴

Crispy Chicken
Sandwich
warm crispy breaded
chicken on a bun
prepared in-house 🍌

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



Classic Cheese
Pizza
whole grain pizza crust
topped with rich tomato
sauce and melted
mozzarella cheese 🌱 🍴

Pizza Bagel
melted cheese and
tomato sauce on a
toasted bagel, baked to
perfection 🌱 🍴

Pepperoni Pizza
cheese pizza topped with
pepperoni 🍌 🍴

Buffalo Chicken
Pizza
buffalo chicken strips with
mozzarella, parmesan,
marinara sauce on fresh
pizza dough 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



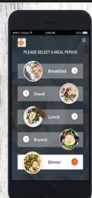
Crispy Tacos
homemade spicy taco
meat inside a crispy taco
shell topped with cheese
🌱

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
🌱 🍌 🍌 🍌 🍌

Soft Tacos
freshly prepared fiesta-
style meat with melted
cheese wrapped in a
warm soft taco shell

Chicken & Cheese
Quesadilla
hand crafted grilled flour
tortilla filled with juicy
chicken and melty
cheese

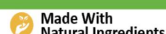
Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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Newfield High School

Welcome to our
Lunch Cafe

10/19/2026 - 10/23/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 🌱
With Tomato Sauce

Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty

Sausage & Peppers
sweet Italian sausage with sauteed red & green peppers and onions in our homemade tomato sauce

Honeyfire Kitchen Chicken Sandwich
freshly prepared chicken drizzled with honey fire sauce

Smothered Tex Mex Burrito
mexi-style meat, rice folded inside a soft tortilla topped with cheese sauce 🌱 🌱 🌱

Homemade Pancakes



Steamed Broccoli Side Garden Salad
Fresh Apple 🍏
Fresh Banana 🍌

Crispy Potato Puffs
crisp potato puffs baked to perfection 🌱
Baby Carrots 🍌
Fresh Blueberries

Green Beans
Caesar Salad 🍏 🍌
Fresh Apple 🍏
Fresh Orange 🍊



Sweet Corn
Crispy Potato Puffs 🌱
Fresh Apple 🍏
Fresh Banana 🍌

Black Beans
Sweet Potato Fries 🍌
Fresh Strawberries 🍓
Fresh Pear 🍐



Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱 🌱

Turkey & Cheese Sandwich
freshly made and thinly sliced turkey and cheese sandwich

Veggabul Taco Bean Tortilla Bowl
seasoned beans set on top of crisp lettuce in a whole grain tortilla bowl topped with tomatoes, cucumbers and cilantro

Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich P

Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola 🍌 🍌 🍌 🍌

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus Wrap Halal
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱 🌱 🌱

Chicken Caesar Wrap
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍌 🍌

Tuna Salad Sandwich
freshly made sandwich topped with creamy tuna salad 🍌 🍌

Buffalo Chicken Wrap
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍌

Honey Mustard Chicken Wrap
freshly sliced chicken strips arranged under crisp lettuce and tomatoes drizzled with honey mustard dressing

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with vegetable



Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱

NY Beef Burger
beef burger on a freshly toasted bun 🍌

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

Cheeseburger
burger topped with cheese on a freshly toasted bun 🍌

Crispy Chicken Sandwich
warm crispy breaded chicken on a bun prepared in-house 🍌

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and Spicy Chicken



French Bread Pizza
crispy French bread smothered with tomato sauce and melted cheese 🌱

Broccoli Pizza
cheese pizza topped with broccoli 🌱 🍌

Pizza Bagel
melted cheese and tomato sauce on a toasted bagel, baked to perfection 🌱 🍌

Pepperoni Pizza
cheese pizza topped with pepperoni 🍌 🍌

Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🍌 🍌 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Nachos with Cheese
creamy cheese layered over a bed of nachos 🌱

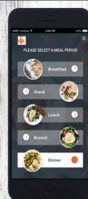
Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese 🌱

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese 🌱 🍌 🍌 🍌

Soft Tacos
freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell

Chicken & Cheese Quesadilla
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

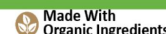
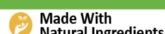
Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and Shredded Lettuce,



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Newfield High School

Welcome to our
Lunch Cafe

10/26/2026 - 10/30/2026

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Pasta & Meatballs 🍝
Or Pasta with Sauce 🍝
All With Homemade Garlic Bread 🍞

Tot Spot's Loaded Nacho Tater Tots
crispy tater tots topped with taco meat, cheese sauce, Pico De Gallo, sour cream and garnished with scallions 🌱🍌🌻

Santa Fe Quesadilla
juicy chicken, cheese, roasted peppers and corn inside a soft tortilla wrap spread with salsa prepared in-house 🌱🍌

Crispy Popcorn Chicken
crispy breaded chicken bites baked to perfection
Whole Wheat Dinner Roll 🌻

Homemade Baked Pasta with Cheese
pasta topped with melted cheese, baked to perfection 🌱🍌



Green Beans
Oven Baked Fries
Fresh Grapes
Fresh Apple

Baked Beans
Side Garden Salad
Fresh Apple 🍏
Fresh Orange 🍊

Black Beans
Chilled Red Pepper Strips
Fresh Orange 🍊
Fresh Banana 🍌

Oven Baked Fries
crispy fries baked to perfection
Baby Carrots 🍷
Fresh Orange 🍊
Fresh Banana 🍌

Sweet Corn
Side Garden Salad
Fresh Grapes
Fresh Pear



Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola 🌱🍌🍓🍌

Ham & Cheese Sandwich
freshly made and thinly sliced ham and cheese on a sandwich 🍷

Garden Salad with Cheese Entree
fresh garden salad topped with cheese 🌱🍌

American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese 🍷

Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola 🌱🍌🍓🍌

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



Vegan Hummus Wrap Halal
creamy hummus spread over a soft tortilla rolled up with a variety of hand sliced crispy vegetables 🌱🌱🍌

Turkey & Cheese Sandwich
freshly made and thinly sliced turkey and cheese sandwich

Chicken Caesar Wrap
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍌🍌

Tuna Salad Sandwich
freshly made sandwich topped with creamy tuna salad 🍌🍌

Buffalo Chicken Wrap
warm chicken marinated in Buffalo sauce wrapped in a tortilla with lettuce and tomato 🍌

Available Daily: Assorted cold cuts, cheeses and whole grain rich bread, rolls and wraps along with



Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱

NY Beef Burger
beef burger on a freshly toasted bun 🍌

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

Cheeseburger
burger topped with cheese on a freshly toasted bun 🍌

Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house 🌱

Available Daily: Grilled Cheese, Veggie Burgers, Hamburger/Cheeseburger (T/TH), Chicken Patties and



French Bread Pizza
crispy French bread smothered with tomato sauce and melted cheese 🌱

Pizza Bagel
melted cheese and tomato sauce on a toasted bagel, baked to perfection 🌱🍌

Meatball Pizza
meatballs over a cheesy slice of pizza 🌱

Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 🌱🍌

Pepperoni Pizza
cheese pizza topped with pepperoni 🌱🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza



Nachos with Cheese
creamy cheese layered over a bed of nachos 🌱🌻

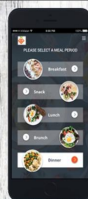
Chicken & Cheese Quesadilla
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese 🌱

Soft Tacos
freshly prepared fiesta-style meat with melted cheese wrapped in a warm soft taco shell 🌱

Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese 🌱🍌🌻🍌🍌

Available Daily: Nachos, Cripsy and Soft Tacos, Rice, Cheese Sauce and Shredded Cheddar Cheese and



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