



Zionsville Pre-K Menu

2026-2027

Students may take 3-5 components to make a lunch meal.

Components are: Entrée (Meat/Meat Alternate and Grain) 1-2 Vegetables, 1-2 Fruits, and a Milk. All meals must include at least 1 Fruit or Vegetable.

Note: Pre-K entrée offerings may vary by school due to different serving methods.

Breakfast Served Daily from 7:45 am to 8:00 am.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9/28	9/29	9/30	1	2
Choice of 1 Entrée: • Rotini in Meat Sauce ^{EW} w/ Garlic Toast ^{MSW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Green Beans Pineapple 1% White Milk ^M	Choice of 1 Entrée: • Waffles ^{MESW} w/Cheese Omelet ^{ME} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Emoticons Mandarin Oranges 1% White Milk ^M	Choice of 1 Entrée: • Chicken Poppers ^{MSW} w/ Biscuit ^{MW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Mashed Potatoes ^M Pears 1% White Milk ^M	Choice of 1 Entrée: • Walking Taco • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Cherry Tomatoes Applesauce 1% White Milk ^M	Choice of 1 Entrée: • 4X6 Pizza ^{MW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Steamed Corn Peaches 1% White Milk ^M
5	6	7	8	9
Choice of 1 Entrée: • Bosco Breadsticks ^{MW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Green Beans Pineapple 1% White Milk ^M	Choice of 1 Entrée: • Mac and Cheese ^{MEW} with Garlic Knot ^{MSW} • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} Steamed Peas and Carrots Pears 1% White Milk ^M	Choice of 1 Entrée: • All Beef Cheeseburger ^{MS} or Hamburger on Bun ^W • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • Bagel ^w and Yogurt ^M w/Sunflower Seeds • PB&J Sandwich ^{PW} BBQ Baked Beans Applesauce 1% White Milk ^M	Choice of 1 Entrée: • Chicken Nuggets ^{MSW} w/ WG Dinner Roll ^W • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} Steamed Corn Apple Slices 1% White Milk ^M	Choice of 1 Entrée: • Cereal Bowl ^{VARIES} w/Pork Sausage Patty • Grilled Cheese ^{MSW} • Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} • PB&J Sandwich ^{PW} Tri-Taters Fruit Cocktail 1% White Milk ^M

Allergen Legend:

W – Contains Wheat
 S – Contains Soy
 M – Contains Milk/Dairy
 E – Contains Eggs
 SS – Contains Sesame
 GF – Naturally Gluten Free (Packaged in kitchens that prepare items containing gluten.)
 Please speak with your school's café manager to obtain a Special Dietary Needs Medical Form if your child requires a special menu or meal modification due to a disability or impairment.

SF – Contains Shellfish
 T – Contains Tree Nuts
 P – Contains Peanuts
 F – Contains Fish

Pricing

1 Student Lunch \$2.65
 1 Student Reduced Lunch \$0.40
 Lunch Entrée Only \$2.30
 Adult Purchases A la Carte
 Milk \$0.65
Additional items beyond the first meal are charged as a la carte.

				
12	13	14	15	16
19	20	21	22	23
Choice of 1 Entrée: - All Beef Hot Dog on Bun ^W - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - PB&J Sandwich ^{PW} BBQ Baked Beans Applesauce 1% White Milk ^M	Choice of 1 Entrée: - Pizza Cheese Crunchers ^{MW} - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - PB&J Sandwich ^{PW} Steamed Carrots Pineapple 1% White Milk ^M	Choice of 1 Entrée: - French Toast Sticks ^{MESW} w/Pork Sausage Patty - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - PB&J Sandwich ^{PW} Tri-Taters Pears 1% White Milk ^M	Choice of 1 Entrée: - Breaded Chicken Sandwich ^{MSW} on Bun ^W - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Baby Carrots Apple Slices 1% White Milk ^M	Choice of 1 Entrée: - Soft Pretzel ^w w/ Cheese ^M - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Cucumber Slices Peaches 1% White Milk ^M
26	27	28	29	30
Choice of 1 Entrée: - Rotini in Meat Sauce ^{EW} w/ Garlic Toast ^{MSW} - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Green Beans Pineapple 1% White Milk ^M	Choice of 1 Entrée: - Waffles ^{MESW} w/Cheese Omelet ^{ME} - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Emoticons Mandarin Oranges 1% White Milk ^M	Choice of 1 Entrée: - Chicken Poppers ^{MSW} w/ Biscuit ^{MW} - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Mashed Potatoes ^M Pears 1% White Milk ^M	Choice of 1 Entrée: - Walking Taco - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Cherry Tomatoes Applesauce 1% White Milk ^M	Choice of 1 Entrée: 4X6 Pizza ^{MW} - Grilled Cheese ^{MSW} - Protein Pack w/String Cheese ^M and Sunflower Seeds ^{GF} - Bagel ^w and Yogurt ^M w/Sunflower Seeds - PB&J Sandwich ^{PW} Steamed Corn Peaches 1% White Milk ^M

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Milk	\$0.65

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Visit the Food Service link at <https://www.zcs.k12.in.us/departments/food-services> to find info on:

- Contact names
- Meal assistance
- Nutritional / allergen information
- Cafeteria pricing
- School Pay and More

You can also learn about our **ZCS Family Portal** where you can view current balances, food purchase histories and MORE!