

SunRidge Breakfast and Lunch Menu

OCTOBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast: Cereal with Honey Graham Crackers Lunch: Cheese Tamale with Black Beans	2 Breakfast: Mini Pancakes Lunch: Cheese Pizza
5 Breakfast: Cinnamon Crumble Lunch: Chicken Bites with Mashed Potatoes	6 Breakfast: Sausage and Cheese Croissant Sandwich Lunch: Cheese Lasagna	7 Breakfast: French Toast Sticks Lunch: Bean and Cheese Pupusa with Curtido Salad	8 Breakfast: Maple Cinnamon Puffed Cereal Lunch: Turkey and Cheese Sandwich	9 Breakfast: Yogurt and Honey Graham Crackers Lunch: Cheese Pizza
12 Breakfast: Apple Hand Pie Lunch: Bean and Cheese Burrito	13 Breakfast: Mini Concha Bread with String Cheese Lunch: Parmesan Pizza Bites with Marinara Dipping Sauce	14 Breakfast: Banana Muffin Lunch: Chicken Dumplings with Mixed Veggies	15 Breakfast: Apple Berry Bar Lunch: Bean and Cheese Pupusa	16 NO SCHOOL
19 Breakfast: Cereal with Honey Graham Crackers Lunch: Cheeseburger with Baked Fries	20 Breakfast: Mini Pancakes Lunch: Penne Pasta with Meat Sauce	21 Breakfast: Fruit and Yogurt Smoothie with Granola Lunch: Parmesan Pizza Bites with Marinara Dipping Sauce	22 Breakfast: Yogurt with Honey Graham Crackers Lunch: Cheese Tamale with Black Beans	23 Breakfast: Blueberry Muffin Lunch: Cheese Pizza
26 Breakfast: Waffle Lunch: Chicken Bites with Mashed Potatoes	27 Breakfast: Cocoa Orbits Puffed Cereal Lunch: Cheese Lasagna	28 Breakfast: French Toast Sticks Lunch: Chicken Alfredo Pasta with Seasoned Peas	29 Breakfast: Chocolate Chip Muffin Top Lunch: Turkey and Cheese Sandwich	30 NO SCHOOL

This institution is an equal opportunity provider.

All grains offered are whole-grain rich.

Choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is served.

Breakfast includes fruit and milk

Lunch includes fruit, vegetable, and milk

Breakfast and lunch are served daily and are free for all students when school is in session

Menus are subject to change due to product availability