

Johnson City Schools

Elementary Menu

Nutritionally balanced options are available for breakfast daily, and milk choices are available with every meal!



28 Popcorn Chicken with Biscuit Choose 1 - 3: Green Beans Fresh Veggies Fresh Fruit	29 Corn Dog Nuggets Choose 1 - 3: Sweet Potato Fries Fresh Veggies Fresh Fruit	30 Taco in a Bag with Salsa and Trimmings Choose 1 - 3: Black Beans and Corn Fresh Veggies Frozen Fruit Slush Cup	1 Grilled Cheese Baked Lays Chips Choose 1 - 3: Veggie Juice Fresh Veggies Fresh Fruit	2 Pizza Choose 1 - 3: Steamed Broccoli Fresh Veggies Fresh Fruit
12 Trapeze Tenders w/ Texas Toast Choose 1 - 3: Baked Beans Fresh Veggies Fresh Fruit	13 Cheeseburger Choose 1 - 3: Funhouse French Fries Fresh Veggies Frozen Fruit Slush Cup	14 Center Stage Cheesy Bites w/Marinara Sauce Choose 1 - 3: Steamed Carrots Fresh Veggies Fresh Fruit	15 Big Top Dog w/Chili Choose 1 - 3: Carnival Corn Fresh Veggies Fresh Fruit	16 High Flying Pizza Carnival Cookie Choose 1 - 3: Steamed Broccoli Fresh Veggies Fresh Fruit
19 Oven Baked Breaded Chicken Leg w/Biscuit Choose 1 - 3: Corn Fresh Veggies Fresh Fruit	20 BBQ Chicken Sandwich Choose 1 - 3: Baked Beans Fresh Veggies Fresh Fruit	21 Sweet & Sour Chicken with Fried Rice and Dumplings Choose 1 - 3: Mixed Veggies Fresh Veggies Frozen Fruit Slush Cup	22 Mac N Cheese Bowl Choose 1 - 3: Peas & Carrots Fresh Veggies Fresh Fruit	23 Pizza Choose 1 - 3: Steamed Broccoli Fresh Veggies Fresh Fruit
26 Popcorn Chicken with Texas Toast Choose 1 - 3: Green Beans Fresh Veggies Fresh Fruit	27 Chicken Quesadilla with Salsa Choose 1 - 3: Black Beans & Corn Fresh Veggies Frozen Fruit Slush Cup	28 IF I RAN THE CIRCUS Sneelock's Super Sub & Sun Chips Circus Peanut Treat Choose 1 - 3: Veggie Juice Zax's Zesty Veggies Big Top Berries	29 BRUNCH FOR LUNCH Egg & Cheese Omelet with Sausage, Pancakes & Syrup Choose 1 - 3: Smile Fries Fresh Veggies Fresh Fruit	30 Pizza Halloween Treat Choose 1 - 3: Steamed Broccoli Fresh Veggies Fresh Fruit

All our elementary school students have breakfast and lunch at no cost, all year long!

This month we are having a school participation challenge. The school with the highest participation percentage during the week of Oct 26-30 will win a free ice cream day! Make sure you eat breakfast and lunch for your chance to win!

National School Lunch Week is Oct 12-16. Join us for a Cafeteria Circus all week long!

