

Middle School

Menus for October 2026

This institution is an equal opportunity provider. Menus are subject to change.

**The original value meal
& still a fantastic deal!**

Breakfast

\$2.50

Lunch

\$3.75

Get in touch with us today to learn more about
free and reduced-price meals in our district:
405-376-7317 or CruzD@Mustangps.org

**Please See Reverse For
Items Available Daily**

Featured Specials of the Day

Thursday, October 1

Breakfast Chorizo Burrito
Pears/Juice/Milk

Lunch
Line #1 Cajun Chicken Pasta
Line #2 Hot Ham & Cheese Sandwich
Line #3 Chicken Parmesan Wrap

Friday, October 2

Breakfast Breakfast Pizza
Apple Slices/Juice/Milk

Lunch
Line #1 Cheesy Chicken Enchiladas
Line #2 Bronco Burger Or Cheeseburger
Line #3 Turkey Bacon Wrap Or PB&J Bento

Monday, October 5

Breakfast Rich's Donut
Pineapple Tidbits/Juice/Milk

Lunch
Line #1 Beef & Cheese Nachos
Line #2 Hot & Spicy Chicken Sandwich Or
Cheeseburger
Line #3 Chef Salad Or Ham & Cheese Wrap

Tuesday, October 6

Breakfast Pancake Poffitz
Strawberries & Peaches/Juice/Milk

Lunch
Line #1 Mac & Cheese
Line #2 Hot Turkey & Cheese Sandwich Or
Cheeseburger
Line #3 Crispy Chicken Salad Or Turkey Cheese
Bento

Wednesday, October 7

Breakfast French Toast Sticks
Bananas/Juice/Milk

Lunch
Line #1 Sweet BBQ Chicken Wings
Line #2 Hot & Spicy Chicken Sandwich Or
Cheeseburger
Line #3 Fruit Salad Or Spicy Chicken Wrap

Featured Specials of the Day

Thursday, October 8

Breakfast Egg & Cheese Biscuit
Pears/Juice/Milk

Lunch
Line #1 PopCorn Chicken
Line #2 Cheeseburger Or Maddie's Walking Taco
Line #3 Chicken Parmesan Wrap Or Ham &
Cheese Wrap

Friday, October 9

Breakfast Sausage in a Pancake
Apple Slices/Juice/Milk

Lunch
Line #1 Savory Meatloaf
Line #2 Bronco Burger Or Dill Chicken
Sandwich
Line #3 Turkey Bacon Wrap Or PB&J Bento

Monday, October 12

Breakfast Fluffy Pancakes
Dried Cranberries/Juice/Milk

Lunch
Line #1 Maddie's Walking Taco
Line #2 Hot & Spicy Chicken Sandwich Or
Cheeseburger
Line #3 Chef Salad Or BBQ Chicken Wrap

Tuesday, October 13

Breakfast Biscuit & Gravy
Pineapple Tidbits/Juice/Milk

Lunch
Line #1 Chicken Alfredo
Line #2 Hot Turkey & Cheese Or Hot Ham &
Cheese Sandwich
Line #3 Crispy Chicken Salad Or Turkey Cheese



Available Daily

BREAKFAST

You may choose cereal and graham crackers in place of main item.

LUNCH

3 OPTIONS AVAILABLE

(There will be an assortment of fruits/fruit juice and vegetables served daily on each of the 2 lines)

You may apply for Free and Reduced Meals online by going to the school website at www.mustangps.org

Featured Specials of the Day



Break begins at the end of classes:

Tuesday, October 14

Classes Resume:

Wednesday, October 21

Wednesday, October 21

Breakfast French Toast Sticks w/Syrup
Pineapple Chunks/Juice/Milk

Lunch
Line #1 Mac & Cheese
Line #2 Hot & Spicy Chicken Sandwich Or
Cheeseburger
Line #3 Fruit Salad Or Spicy Chicken Wrap

Thursday, October 22

Breakfast Sausage Biscuit
Cinnamon Apples/Juice/Milk

Lunch
Line #1 Chicken Alfredo
Line #2 Dill Chicken Sandwich Or
Cheeseburger
Line #3 Chef Salad Or Ham & Cheese Bento

Friday, October 23

Breakfast Breakfast Pizza
Apple Slices/Juice/Milk

Lunch
Line #1 Frito Chili Pie
Line #2 Cheeseburger Or Bronco Burger
Line #3 Turkey Bacon Wrap Or PB&J Bento

Featured Specials of the Day

Monday, October 26

Breakfast Berry Parfait
Oranges/Juice/Milk

Lunch
Line #1 PopCorn Chicken
Line #2 Hot & Spicy Chicken Sandwich Or Baked
Potato w/ Ham & Cheese
Line #3 Chef Salad Or BBQ Chicken Wrap

Tuesday, October 27

Breakfast Chicken in a Sweet Roll
Cinnamon Applesauce/Juice/Milk

Lunch
Line #1 **Maddie's** Walking Taco
Line #2 BBQ Pork Rib Sandwich Or Hot Turkey &
Cheese Sandwich
Line #3 Crispy Chicken Salad Or Turkey Cheese

Wednesday, October 28

Breakfast French Toast Sticks
Bananas/Juice/Milk

Lunch
Line #1 Buffalo Chicken Wings
Line #2 Hot & Spicy Chicken Sandwich Or
Cheeseburger
Line #3 Fruit Salad Or Spicy Chicken Wrap

Thursday, October 29

Breakfast Extravaganza Eggs & Toast
Pears/Juice/Milk

Lunch
Line #1 Cheese & Beef Nachos
Line #2 Dill Chicken Sandwich Or **Maddie's** Walking
Taco
Line #3 Chicken Parmesan Wrap

Friday, October 30

Breakfast Warm Cinnamon Roll
Apple Slices/Juice/Milk

Lunch
Line #1 Orange Asian Chicken
Line #2 Hot & Spicy Chicken Sandwich Or Bronco
Burger
Line #3 Turkey Bacon Wrap Or PB&J Bento