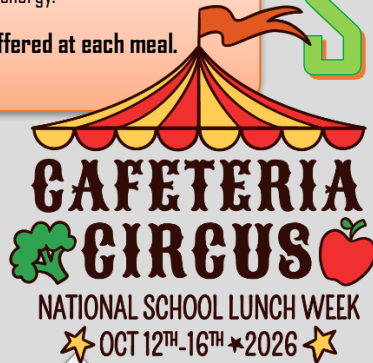


Nutrition Bytes – Studies show that children who eat a nutritious breakfast function better. They do better in school, and have better concentration and more energy.

A variety of milk (1% and Fat Free Chocolate) is offered at each meal.
Menu is Subject to Change



SCHOOL LUNCH

Kewaskum
Elementary Schools
October 2026

1 – Classic Cheeseburger^{WG}
French Fries, Baked Beans, Fresh Apple Slices

2 – Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Ballpark Hot Dog^{WG}
Sweet Potato Fries, Seasoned Peas, Diced Peas

2 – Banana Bread Lunch^{WG V}
Build it Your Way...
Banana Bread, Cheese/Yogurts, Fruits, Veggies

1 – Loaded Nachos^{WG}
(Offering Taco Meat, Cheese Sauce, Diced Tomatoes, Sour Cream, Salsa)
Buttered Corn, Sliced Cucumbers, Rosy Applesauce
2 – Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – French Toast Dippers^V
(aka French Toast Sticks)
Scrambled Eggs, Tater Tots, Fresh Celery Sticks, Apple Juice

2 – Ham Sub Lunch^{WG}
Build it Your Way...
Ham & Cheese Sub, Fruits, Veggies

1 – Cheese Pizza^{WG}
Steamed Green Beans, Roasted Chickpeas, Mixed Fruit
2 – PB Power Pack^{N V}
Build it Your Way...
Peanut Butter Cup, Graham Treat/Grains, Cheeses/Yogurt/Hardboiled Egg, Fruits, Veggies
Treat (for Both) – Ice Cream Sand^{PTN}

1 – Pizza Sticks^{WG V}
Marinara Sauce, Cheesy Broccoli, Mini Peppers, Diced Peaches

2 – PB Power Pack^{N V}
Build it Your Way...
Peanut Butter Cup, Graham Treat/Grains, Cheeses/Yogurt/Hardboiled Egg, Fruits, Veggies
Treat (for Both) – Choc Chip Cookie^{PTN}

2nd Choice - Build It Your Way
All 2nd Choice Options will have the flexibility to build your own.
Uncrustables – Grape, Strawberry, Raspberry or Chocolate
Cereals – Honey Cheerios, Lucky Charms, or Cocoa Puffs
Cheeses/Yogurts – Mozzarella String Cheese, Cheddar Stick, Yogurt Cup
Grains – Goldfish Crackers or Cheez-Its
Fruits – Fresh Apple Slices, Cinnamon Applesauce, Strawberry Applesauce, Dried Cranberries, Diced Peas, Diced Peaches
Veggies (Changes Daily) – Baby Carrots (Daily), Fresh Broccoli, Fresh Cauliflower, Celery Sticks, Dried Chickpeas, Sliced Cucumbers, Sugar Snap Peas, Mini, Peppers, Grape Tomatoes

Any questions or concerns about the Nutrition Services Program?

Please contact:
Nutrition Services Director: Terri Miller
(262)626-3063 or
TMiller@kewaskumschools.org

1 – The Ringmaster's Mini Corn Dogs
Sideshow Sweet Potato Fries, Baked Beans, Fresh Apple Slices

2 – Fanfare Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Barnum's Popcorn Chicken^{WG} & Macaroni & Cheese^{WG V}
Acrobat's Garlic Roasted Broccoli, Sliced Cucumbers, Diced Peaches
2 – Bailey's Banana Bread Lunch^{WG V} (See Description Oct 6)

1 – The Big Top Chicken Tenders & Waffles^{WG}
Tightrope French Fries, 3 Ring Steamed Carrots, Diced Peas
2 – Fanfare Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Flame Swallower Bacon, Egg, & Cheese Croissant
Trapeze Tater Tots, Fresh Celery Sticks, Strawberries
2 – Top Hat Turkey Sub Lunch^{WG}
Build it Your Way...
Turkey & Cheese Sub, Fruits, Veggies

1 – Magical Pizza Munchable^{WG}
Build it Your Way...
Flatbread, Pepperoni, Mozzarella Cheese, Marinara Sauce, Fruits, Veggies
2 – Strongman's PB Power Pack^{N V} (See Description Oct 9)
Treat (for Both) – Ice Cream Cup^{PTN}

1 – Sloppy Joes^{WG}
French Fries, Baked Beans, Fresh Apple Slices

2 – Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Gooney Grilled Cheese^{WG V}
Tomato Soup, Sweet Potato Fries, Fresh Broccoli, Diced Peas
2 – Cereal Crazed Lunch^{WG V}
Build it Your Way...
Cereal, Cheese/Yogurts/Hardboiled Egg, Grains, Fruits, Veggies

1 – Soft Shell Tacos (Taco Meat)
(Offering - Lettuce, Tomatoes, Shredded Cheddar, Salsa & Sour Cream)
Buttered Corn, Grape Tomatoes, Mixed Fruit
2 – Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – French Toast Dippers^V
(aka French Toast Sticks)
Sausage Patty, Tater Tots, Mini Peppers, Fresh Orange Smiles

2 – Ham Sub Lunch^{WG}
Build it Your Way...
Ham & Cheese Sub, Fruits, Veggies

1 – Bosco Sticks^{WG V}
Marinara Sauce, Steamed Green Beans, Fresh Baby Carrots, Rosy Applesauce

2 – PB Power Pack^{N V}
Build it Your Way...
Peanut Butter Cup, Graham Treat/Grains, Cheeses/Yogurt/Hardboiled Egg, Fruits, Veggies
Treat (for Both) – Sugar Cookie

1 – Crispy Chicken Nuggets^{WG}
Sweet Potato Fries, Baked Beans, Fresh Apple Slices
2 – Fun Lunch^{N V WG}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Mini Pizza Bagels^{WG}
Garlic Roasted Broccoli, Sliced Cucumbers, Grapes
2 – Cereal Crazed Lunch^{WG V}
Build it Your Way...
Cereal, Cheese/Yogurt/Hardboiled Egg, Grains, Fruits, Veggies

1 – Oven Roasted Turkey & Gravy
Mashed Potatoes, Steamed Carrots, WG Dinner Roll, Cinnamon Applesauce
2 – Banana Bread Lunch^{WG V}
Build it Your Way...
Choice of Uncrustable, Cheeses, Grains, Fruits, Veggies

1 – Ghostly Mini Pancakes & Monster Melt Cheese Omelet
Terrifying Tater Tots, Sugar Snap Peas, Strawberries
2 – Trick or Treat Turkey Sub Lunch^{WG}
Build it Your Way...
Halloween Treat (for Both)

No School
(Professional Development Day)

LUNCH PRICES

Student Paid:	\$3.35
Reduced:	\$.40
Milk:	\$.60
Adult Lunch:	\$4.95

Cost per week: \$16.75
Cost per month (20 days): \$67.00

Parents, please make checks payable to Child Nutrition. Bring checks to school office or mail to:

Child Nutrition c/o Kewaskum High School
1510 Bilgo Lane
Kewaskum, WI 53040

If your account should fall below \$10.00 you will receive a notice or a payment envelope.

Each student/staff member is issued a 4 – Digit PIN/I.D. number which corresponds with their lunch

^V = Vegetarian ^{WG} = Whole Grain ^N = Contains Nuts ^{TN} = Contains Tree Nuts ^{PTN} = Produced in Plant Containing Nuts/Tree Nuts

This Institution is an Equal Opportunity Provider